

Stno	Chipno	Name	B	Club	Start
PROM1 - Fácil Curto 2,6 km 55 m 13 C					
2100	259719	Ana Vilar	73	[103] ADADesnível	9:10
6304	407047	Aline Almeida	66	[005] CP Armada	9:14
384	407473	Patricia Pérez	80	[2234] CODAN Extremadura	9:18
515	1007232	Brais Carreira	08	[3434] USC	9:22
6514	2108631	Anabela Gomes	69	[133] GDU Azoia	9:26
173	1010052	Mario Puertas Garcia	10	[1851] Individual ESP	9:30
346	1121971	María Jesús Cord Rego	71	[2220] COV	9:34
6578	1402527	Aline Moreiras	82	[005] CP Armada	9:38
181	1459138	MiriamM+PedroM		[2155] Piloña Deporte	9:42
5405	409926	Sónia Pereira	78	[116] Montepio Geral	9:46
156	1410218	Catarina Fernandes	94	[1564] Individual POR	9:50
126	7209728	Moises Cañada	12	[10359] BASE DON BENITO	9:54
482	2054709	Candela Moya	12	[2777] COMCU	9:58
304	2010895	Javier Gomez	13	[2215] CO Navalcán	10:02
6088	2096961	Carolina Vasconcelos	82	[102] .COM	10:06
517	1410249	Roi Carreira	12	[3434] USC	10:10
165	1007107	Yubiry Del Valle Salazar	91	[1851] Individual ESP	10:14
516	1007260	Noa Carreira	09	[3434] USC	10:18
6638	7927982	Isabel Neto	57	[073] CMo Funchal	10:22
6577	1410215	Silvani Silva	72	[166] ADM Ori-Mondego	10:26
6587	2108644	Salvador Mendes	15	[133] GDU Azoia	10:30
6576	1006124	AntonyLeyser	06	[166] ADM Ori-Mondego	10:34
PROM2 - Difícil Curt 3,9 km 75 m 11 C					
35925	1903603	Pedro Tiago Gomes	90	[159] COAAL	9:11
158	234110	EugénioS+NairA		[1564] Individual POR	9:15
523	2023671	Eva Calvelo	80	[4033] Trevinca	9:19
199	8008966	Verónica Rodríguez	04	[2172] COMA	9:23
2243	240763	Maria João Borges	71	[115] ATV	9:27
184	352195	Adriana Macarena Oropeza	04	[2172] COMA	9:31
168	1007206	ALONSO MARTINEZ DORADO	06	[1851] Individual ESP	9:35
148	1304140	MARTÍNEZ CASTILL JORGE	09	[11600] C.D. LA SIERRA	9:39
386	353752	Natalia Benito	04	[2234] CODAN Extremadura	9:43
169	1007167	MARINA MARTINEZ DORADO	03	[1851] Individual ESP	9:47
372	2129160	Carolina Sánchez	04	[2234] CODAN Extremadura	9:51
103	208467	Jose Henriques	65	[094] CPOC	9:55
560	8307020	Sara Monseco	04	[7172] O-CHARLIES ORIENTA	9:59
178	1459125	Covadonga Martínez	04	[2155] Piloña Deporte	10:03
401	1301713	María Coloma	86	[2243] GOCAN	10:07
147	1007239	CASTILLO ABAD, DIEGO	07	[11600] C.D. LA SIERRA	10:11
167	1010041	ALBERTO ALONSO KRYDUS	01	[1851] Individual ESP	10:15
228	2063147	Manuel Gregorio García	62	[2188] ADOL	10:19
5555	7210939	José Carlos Marques	78	[159] COAAL	10:23
3573	242160	Ismael Rodrigues	87	[167] NAST	10:27
180	1459112	Sergio Martínez	08	[2155] Piloña Deporte	10:31
380	8121178	Javier Barja	78	[2234] CODAN Extremadura	10:35
PROM3 - Fácil Long 4,3 km 60 m 16 C					
150	1010085	REY ÁNGEL, ÁLVARO	04	[11600] C.D. LA SIERRA	9:12
1	1007266	António Luis Beites	89	[11602] Município Penamacor	9:16
488	249076	Daniel Mahou	92	[2779] COTA	9:20
144	4631981	Gloria Paniagua Hernández	62	[11588] OesteXtrem-AFN	9:24
172	4631950	Ester Arconada	74	[1851] Individual ESP	9:28
157	1410223	Gonçalo Antunes	93	[1564] Individual POR	9:32

Stno	Chipno	Name	B	Club	Start
PROM3 - Fácil Long 4,3 km 60 m 16 C (cont.)					
170	1007267	ROSALINDA DORADO RECUE	71	[1851] Individual ESP	9:36
151	1007134	SÁNCHEZ CASTILLO PACO	10	[11600] C.D. LA SIERRA	9:40
166	240431	Josefa Prieto Lozano	58	[1851] Individual ESP	9:44
159	1007222	JoãoM+MariaB		[1564] Individual POR	9:48
379	2115361	Isabel Martin	75	[2234] CODAN Extremadura	9:52
155	1010089	Ana Lopes	72	[1564] Individual POR	9:56
PROM4 - Difícil Long 5,2 km 105 m 11 C					
110	2087556	Alberto Pérez	03	[10357] BMT CASAS DE VES	9:13
171	1007242	SERGIO MARTINEZ GONZALEZ	69	[1851] Individual ESP	9:17
509	8002804	Jorge Barcia	04	[3206] OrientaGetafe	9:21
162	230905	Alejandro Rodríg Nicolás	96	[1851] Individual ESP	9:25
504	8665409	Juan Manuel Pozo	04	[3206] OrientaGetafe	9:29
104	308276	Carlos Gameiro	68	[094] CPOC	9:33
153	1410247	Joaquim Luís Vid Pereira	58	[1564] Individual POR	9:37
163	2041795	Bárbara González Fernández	96	[1851] Individual ESP	9:41
149	8665006	MARTÍNEZ PADILLA JORGE	84	[11600] C.D. LA SIERRA	9:45
176	1007152	Julio Cesar Puer Gonzalez	78	[1851] Individual ESP	9:49
179	7005082	José Antonio Martínez	71	[2155] Piloña Deporte	9:53
15820	8121079	Márcio Gouveia	79	[137] LCM	9:57
6044	214068	Dora Ferreirinha	82	[166] ADM Ori-Mondego	10:01
105	240982	LucianoM+MariaM		[1000] Individual POR Fed	10:05
H10 (8) 2,3 km 45 m 11 C					
303	2010317	Izan Brezmes	10	[2215] CO Navalcán	9:10
6242	2108709	David Marques	10	[070] COC	9:14
6407	2091971	Gil Ehrhardt	13	[102] .COM	9:18
385	7778887	Lucas Barja	10	[2234] CODAN Extremadura	9:22
6539	234057	André Ferreira	10	[070] COC	9:26
442	364391	Iván Urquizu	09	[2260] Cdn Navarra	9:30
569	981472	Sergio Alvano	09	[7263] ITACA	9:34
408	2097025	Bruno Fuente	10	[2244] El Imperdible	9:38
D10 (18) 2,3 km 45 m 11 C					
106	2128818	Aitana Honrubia	09	[10357] BMT CASAS DE VES	9:12
6520	1304098	Clara Lima	10	[070] COC	9:16
5333	1304278	Juliana Pedro	11	[107] CAOS	9:20
6551	308219	Beatriz Nazário	14	[007] Ori-Estarreja	9:24
6498	259870	Maria Oliveira	10	[070] COC	9:28
6641	400339	Maria Patrocínio	09	[007] Ori-Estarreja	9:32
223	2045055	Daniela Molina	10	[2188] ADOL	9:36
127	8004595	Elsa Cañada	10	[10359] BASE DON BENITO	9:40
534	4660004	Martina Aller	10	[4033] Trevinca	9:44
6552	206395	Catarina Mendes	16	[166] ADM Ori-Mondego	9:48
5941	308316	Inês Pedro	14	[107] CAOS	9:52
530	4616289	Marta Agudo	10	[4033] Trevinca	9:56
6544	2032860	Sofia Santos	10	[107] CAOS	10:00
6550	259742	Matilde Nazário	10	[007] Ori-Estarreja	10:04
189	981979	Irene López	09	[2172] COMA	10:08
6000	1892013	Benedita	13	[007] Ori-Estarreja	10:12
407	427359	Berta Fuente	12	[2244] El Imperdible	10:16
345	2045065	Matilde Tribiño	09	[2220] COV	10:20

Stno	Chipno	Name	B	Club	Start
H12 (12) 2,7 km 55 m 13 C					
254	8664268	César Fandos	07	[2201] Ibón	9:11
6343	259821	António Oliveira	09	[070] COC	9:15
388	2042477	Eloi Sanmartín	08	[2236] Fluvial	9:19
6187	1304102	João Cruz	07	[007] Ori-Estarreja	9:23
130	1007178	Carlo Medina	08	[10360] ROMANS RAIDERS	9:27
6451	1426002	Sérgio Gomes	07	[052] GD4C	9:31
111	2098770	Antonio Calomarde	07	[10357] BMT CASAS DE VES	9:35
206	8007107	Pablo Pereira	07	[2172] COMA	9:39
393	2020102	Tomé Sanmartín	08	[2236] Fluvial	9:43
297	8664068	Javier Melendez	07	[2214] Toledo-O	9:47
6393	2108692	Miguel Ferreira	08	[070] COC	9:51
6372	234372	Alfredo Marcelo	08	[166] ADM Ori-Mondego	9:55
D12 (9) 2,7 km 55 m 13 C					
112	2128819	Minerva Honrubia	07	[10357] BMT CASAS DE VES	9:13
557	7208409	Aixa Domínguez	08	[6482] AROMON	9:17
529	4616286	María Agudo	08	[4033] Trevinca	9:21
6483	2006621	Matilde Silva	08	[102] .COM	9:25
316	2024389	Niobe Brezmes	07	[2215] CO Navalcán	9:29
559	8307001	Irene Monseco	07	[7172] O-CHARLIES ORIENTA	9:33
373	8670281	Elena Gago	07	[2234] CODAN Extremadura	9:37
524	8447447	Mailén Aller	07	[4033] Trevinca	9:41
6404	2108707	Maria Leonor	08	[070] COC	9:45
H14 (32) 4,2 km 70 m 12 C					
6497	234158	Gonçalo Sousa	05	[052] GD4C	10:25
117	8664080	Iván Martínez	05	[10357] BMT CASAS DE VES	10:28
527	4616290	Israel Agudo	05	[4033] Trevinca	10:31
6351	2108658	Simão Carvalho	06	[085] A Montanha	10:34
6299	407085	André Barros	05	[052] GD4C	10:37
132	8008944	Mario Santos	06	[10360] ROMANS RAIDERS	10:40
6453	2054467	Dinis Kaiseler	05	[090] ADFA	10:43
251	8307048	Pablo Millán	05	[2201] Ibón	10:46
525	4616287	Juan Pablo Agudo	06	[4033] Trevinca	10:49
452	8665554	Yeray Gil	06	[2268] Correcaminos	10:52
538	8665047	Juan Pedro Fernández	05	[4769] Alcor	10:55
6203	246360	João ferreira	05	[007] Ori-Estarreja	10:58
282	8664082	Gonzalo Ballesteros	06	[2214] Toledo-O	11:01
552	8316000	Xián Novoa	05	[6482] AROMON	11:04
6211	1426063	João Gomes	05	[052] GD4C	11:07
5899	2108639	Guilherme Clímaco	05	[133] GDU Azoia	11:10
237	7208394	David Terán	05	[2198] Fundi-O	11:13
6642	246344	Pedro Patrocínio	07	[007] Ori-Estarreja	11:16
307	2056767	Cesar Bernabe Pascual	05	[2215] CO Navalcán	11:19
4222	1304277	João Pedro	07	[107] CAOS	11:22
6414	2108641	Miguel Manso	05	[133] GDU Azoia	11:25
588	8008928	Sergio Rubio	06	[9722] MARISTAS SEGOVIA -	11:28
6335	1426006	Rúben Pereira	05	[052] GD4C	11:31
190	8002006	Ignacio Vallejo	06	[2172] COMA	11:34
6227	2108648	Tiago Gomes	05	[133] GDU Azoia	11:37
586	8008960	Pablo Murcia	06	[9722] MARISTAS SEGOVIA -	11:40
518	8655239	Alvaro Pérez	06	[4025] Tierra Trágame	11:43
6174	2800579	Duarte Reis	06	[085] A Montanha	11:46
131	8008935	Ángel Santos	06	[10360] ROMANS RAIDERS	11:49

Stno	Chipno	Name	B	Club	Start
H14 (32)		4,2 km 70 m 12 C	(cont.)		
192	2017595	Andrés López	06	[2172] COMA	11:52
367	8670289	Hector Moreiro	06	[2234] CODAN Extremadura	11:55
6623	208665	Tiago Oliveira	07	[094] CPOC	11:58
D14 (27)		4,2 km 70 m 12 C			
568	1007231	Laura Doncel	05	[7263] ITACA	9:01
101	246347	Beatriz Fernandes	05	[007] Ori-Estarreja	9:04
6480	2006622	Débora Oliveira	05	[102] .COM	9:07
222	8654925	Marina Misas	05	[2188] ADOL	9:10
5784	2108645	Carolina Rusga	06	[133] GDU Azoia	9:13
6057	1872005	Maria Cruz	05	[007] Ori-Estarreja	9:16
275	1391509	Irene Ferrando	06	[2214] Toledo-O	9:19
5880	8201029	Alexandra Serra Campos	06	[102] .COM	9:22
395	8670900	Sofía Martínez	05	[2236] Fluvial	9:25
120	8220406	Guinedell Faja	06	[10358] CAT-O	9:28
273	8670398	Adriana Fernández	06	[2214] Toledo-O	9:31
441	434646	Iranzu Urquizu	06	[2260] Cdn Navarra	9:34
305	2056765	Gabriela Pascual	05	[2215] CO Navalcán	9:37
6505	2108664	Rita Maia	06	[085] A Montanha	9:40
6631	264901	Mafalda Marques	05	[090] ADFA	9:43
6515	2108637	Joana Canana	06	[133] GDU Azoia	9:46
219	2062943	Isabel Ramos	06	[2188] ADOL	9:49
430	8651395	Lucía García	05	[2255] Lorca-O	9:52
246	8664272	Julia Elhombre	05	[2201] Ibón	9:55
6624	264903	Maria Teresa	05	[090] ADFA	9:58
6522	2108634	Sofia Pulquério	06	[133] GDU Azoia	10:01
462	403751	Carolina Gutiérrez	06	[2273] Villena-O	10:04
6413	1113811	Leonor Ferreira	06	[094] CPOC	10:07
6553	2054469	Matilde Salgueiro	07	[090] ADFA	10:10
6325	2108659	Inês Laranjeira	06	[085] A Montanha	10:13
247	8664282	Lucia Elhombre	05	[2201] Ibón	10:16
5600	234425	Catarina Vieira	06	[139] GDE	10:19
H16 (44)		7,4 km 130 m 14 C			
587	2128227	Enrique Murcia	03	[9722] MARISTAS SEGOVIA -	9:03
6287	1421690	Afonso Ferreira	04	[094] CPOC	9:06
368	8670304	Hugo Moreiro	03	[2234] CODAN Extremadura	9:09
6476	2043054	Afonso Araújo	03	[090] ADFA	9:12
564	8665080	Gonzalo Zorrilla	04	[7172] O-CHARLIES ORIENTA	9:15
5794	2108636	Rafael Rusga	03	[133] GDU Azoia	9:18
6065	2108711	Diogo Neto	04	[056] Natura	9:21
6534	2006626	Tiago Silva	04	[102] .COM	9:24
352	1603413	Nicolás Velez	03	[2222] Orca	9:27
547	8656799	Mateo Rodríguez	04	[6482] AROMON	9:30
6401	7776401	João Rodrigues	03	[052] GD4C	9:33
389	8668743	Javier López	03	[2236] Fluvial	9:36
5997	2025532	Pedro Pereira	03	[139] GDE	9:39
6377	2127100	Gabriel Vilaça	04	[102] .COM	9:42
5714	1304252	João Sá	04	[116] Montepio Geral	9:45
6347	1304167	Miguel Sousa	04	[166] ADM Ori-Mondego	9:48
6408	206022	Raúl Azevedo	04	[052] GD4C	9:51
6557	2108649	Rafael Salgueiro	04	[133] GDU Azoia	9:54
6164	2103693	Rodrigo Lima	04	[085] A Montanha	9:57
566	8140375	Joao Morales	04	[7173] LIMIACTIVA	10:00

Stno	Chipno	Name	B	Club	Start
H16 (44)		7,4 km 130 m 14 C	(cont.)		
278	8670395	Gonzalo Fernández	03	[2214] Toledo-O	10:03
258	1403298	Manuel Saz	03	[2201] Ibón	10:06
6285	7101040	Alexandre Soares	04	[022] CLAC	10:09
484	8070203	Jaime Moya	03	[2777] COMCU	10:12
6007	2060053	Pedro Mendes	03	[090] ADFA	10:15
277	8664069	Gonzalo Ferrando	04	[2214] Toledo-O	10:18
400	8657351	Diego Casado	03	[2243] GOCAN	10:21
451	8667778	Niklas Gil	03	[2268] Correcaminos	10:24
6493	2006625	João Cruz	04	[102] .COM	10:27
295	8664067	Alvaro Melendez	04	[2214] Toledo-O	10:30
6210	1424630	Pedro Viana	03	[052] GD4C	10:33
114	8653290	Javier García	03	[10357] BMT CASAS DE VES	10:36
6452	2062635	José Reis	03	[090] ADFA	10:39
589	8665013	Adrián Rubio	03	[9722] MARISTAS SEGOVIA -	10:42
337	1421600	Tomás Martín	03	[2220] COV	10:45
137	1410230	Mario Ruiz	04	[10360] ROMANS RAIDERS	10:48
535	8665025	Andres Fernández	03	[4769] Alcor	10:51
285	7209377	Nicolás García	04	[2214] Toledo-O	10:54
440	8300899	Aimar Urquizu	04	[2260] Cdn Navarra	10:57
6053	2106946	Pedro Lagarto	03	[022] CLAC	11:00
5601	2018941	João Vieira	03	[139] GDE	11:03
481	8110504	Andrés Moya	04	[2777] COMCU	11:06
193	8665027	Daniel Alcaide	04	[2172] COMA	11:09
6270	7300285	Afonso Guimarães	03	[052] GD4C	11:12
D16 (19)		6,0 km 115 m 15 C			
231	8651391	Marta Martínez	04	[2189] Totana	9:08
448	8665000	Maria Beloso	03	[2267] Colivenc	9:14
330	2115371	Carolina Pérez	03	[2220] COV	9:20
6295	242356	Marta Nunes	04	[114] COA	9:26
218	8654923	Irene Guerrero	04	[2188] ADOL	9:32
532	2023646	Raquel Agudo	03	[4033] Trevinca	9:38
340	2111359	Leticia Cristina Pina	03	[2220] COV	9:44
281	8670396	Cristina Márquez	03	[2214] Toledo-O	9:50
5582	2043037	Catarina Pereira	04	[090] ADFA	9:56
510	2063991	Lucía García	04	[3432] Entrebalizas	10:02
6400	1424712	Daniela Faria	03	[052] GD4C	10:08
6327	240969	Beatriz Coelho	04	[033] Clube TAP	10:14
314	2010392	Susana Martin	03	[2215] CO Navalcán	10:20
5611	2028655	Inês Soares	04	[139] GDE	10:26
6402	2132553	Nadine Silva	03	[052] GD4C	10:32
197	8657346	Sara López	04	[2172] COMA	10:38
494	8654392	Patricia Toledo	04	[2780] Alabarda-O	10:44
141	8665001	Lara García	04	[11588] OesteXtrem-AFN	10:50
6320	1101012	Mariana São Bento	04	[085] A Montanha	10:56
H18 (21)		9,6 km 160 m 16 C			
133	8008955	Victor Manuel Santos	02	[10360] ROMANS RAIDERS	10:04
5896	2108635	Pedro Peralta	02	[133] GDU Azoia	10:10
6286	1425346	José Vieira Maia	02	[085] A Montanha	10:16
214	8633189	Miguel Garrido	01	[2175] Veleta	10:22
5529	2006633	André Serra Campos	02	[102] .COM	10:28
6175	2060378	João Sousa	02	[133] GDU Azoia	10:34
333	2010488	Andrés Valentín	01	[2220] COV	10:40

Stno	Chipno	Name	B	Club	Start
H18 (21)		9,6 km 160 m 16 C	(cont.)		
6334	7210048	Fábio Baptista	02	[085] A Montanha	10:46
203	8191915	Lucas Stangegaard	01	[2172] COMA	10:52
286	8664070	Pablo Ferrando	02	[2214] Toledo-O	10:58
6039	2043069	João Pinto	01	[090] ADFA	11:04
5737	2077078	Vasco Mendes	02	[133] GDU Azoia	11:10
375	8665009	Isaac Hernández	01	[2234] CODAN Extremadura	11:16
6478	2006629	Luís Amorim	01	[102] .COM	11:22
5392	1304160	André Ferreira	01	[166] ADM Ori-Mondego	11:28
6040	2043073	Diogo Lampreia	01	[090] ADFA	11:34
6048	8318500	Diogo Oliveira	01	[102] .COM	11:40
262	8653288	Florencio García	02	[2212] Club Godih	11:46
257	2037210	Javier Saz	02	[2201] Ibón	11:52
480	8001030	Alvaro Mesas	02	[2777] COMCU	11:58
6201	2006623	José Pedro Fernandes	01	[102] .COM	12:04
D18 (25)		6,4 km 135 m 13 C			
6440	2006632	Bárbara Pereira	01	[102] .COM	10:53
5663	234176	Patrícia Pardal	01	[159] COAAL	10:56
376	8212002	Natalia Carballo	02	[2234] CODAN Extremadura	10:59
6457	8004614	Ana Viana	01	[052] GD4C	11:02
291	7202226	Laura García	02	[2214] Toledo-O	11:05
322	8100121	Aruca Siqueira	01	[2217] C.O. Guadalajara	11:08
299	8653285	Nerea González	02	[2214] Toledo-O	11:11
6488	8369730	Inês Augusto	02	[102] .COM	11:14
6456	2086028	Dulce Fernandes	01	[052] GD4C	11:17
226	8651387	Lucía Misas	02	[2188] ADOL	11:20
287	8670394	Raquel Márquez	01	[2214] Toledo-O	11:23
6046	2006634	Ana Pacheco	03	[102] .COM	11:26
5751	2028660	Clara Costa	02	[139] GDE	11:29
5706	362704	Margarida Miranda	01	[052] GD4C	11:32
6177	2043068	Maria do Mar	02	[090] ADFA	11:35
6482	2006630	Ana Silva	02	[102] .COM	11:38
234	9016032	Ana Madoz	02	[2198] Fundi-O	11:41
332	8667764	Ana Caro-patón	02	[2220] COV	11:44
292	7202320	Leire García	01	[2214] Toledo-O	11:47
6447	234067	Matilde Ribeiro	02	[094] CPOC	11:50
109	8653286	Ana Defez	01	[10357] BMT CASAS DE VES	11:53
5879	241196	Joana Catarino	02	[022] CLAC	11:56
327	7207528	Alba Rey	02	[2220] COV	11:59
6454	2053727	Marta Costinha	02	[090] ADFA	12:02
5811	7915811	Ana Nunes	01	[094] CPOC	12:05
H20 (8)		10,3 km 180 m 18 C			
5797	8308494	Ricardo Ferreira	00	[007] Ori-Estarreja	9:06
399	8657337	Álvaro Casado	00	[2243] GOCAN	9:10
210	8646243	Juan Sanz	00	[2172] COMA	9:14
5447	7200128	Leonardo Ramalho	99	[102] .COM	9:18
5510	8223234	Pedro Barbosa Silva	00	[007] Ori-Estarreja	9:22
6173	1779977	José Dinis	00	[052] GD4C	9:26
490	8150300	David Rojas	00	[2780] Alabarda-O	9:30
5488	8262000	André Henriques	00	[007] Ori-Estarreja	9:34

Stno	Chipno	Name	B	Club	Start
D20 (10) 7,0 km 140 m 12 C					
521	8651381	Ana Isabel Toledo	00	[4027] Orientijote	11:03
6328	2006637	Inês José	00	[102] .COM	11:09
272	8653283	Kika Basarán	01	[2214] Toledo-O	11:15
6209	2006636	Rita Fernandes	99	[102] .COM	11:21
366	8641343	Irene Guardado	99	[2234] CODAN Extremadura	11:27
502	8633190	Ines Pozo	00	[3206] OrientaGetafe	11:33
5659	7040100	Raquel Henriques	00	[094] CPOC	11:39
6294	242389	Lígia Nunes	00	[114] COA	11:45
6329	2006635	Maria Dias	99	[102] .COM	11:51
6246	1999426	Ana Jorge	99	[007] Ori-Estarreja	11:57
HE (27) 14,3 km 210 m 22 C					
6358	7204798	Angel Soto	92	[052] GD4C	10:23
3785	2060028	Nelson Baroca	80	[062] CA Madeira	10:27
5448	8101004	João Magalhães	98	[102] .COM	10:31
2969	8044371	Domingos Martins	89	[052] GD4C	10:35
260	8670965	Elmar Montero	96	[2212] Club Godih	10:39
544	8060691	Borja Álvarez	91	[6167] ESCONDITE-M	10:43
4495	1551155	Tiago Gingão Leal	90	[052] GD4C	10:47
3602	1010040	Luis Barreiro	82	[054] NADA	10:51
3167	234034	Nuno Evangelista	80	[114] COA	10:55
466	8651385	Sergio Mérida	93	[2275] Universidad Alicante	10:59
209	8633194	José Manuel García	81	[2172] COMA	11:03
1111	1541410	Pedro Nogueira	82	[090] ADFA	11:07
213	8651379	Carlos Raico Landa	96	[2175] Veleta	11:11
268	1944066	Jesús Rodríguez	97	[2213] Manzanares-O	11:15
2150	7207946	Xavier Vieira	69	[139] GDE	11:19
5316	7207509	João Real	84	[159] COAAL	11:23
353	8650854	Eduardo Gil	94	[2223] Tjalve	11:27
3555	733330	Filipe Dias	85	[052] GD4C	11:31
265	8664072	Diego Rodríguez	92	[2213] Manzanares-O	11:35
5287	1304164	João Novo	97	[102] .COM	11:39
2983	2076542	João Gomes	78	[062] CA Madeira	11:43
572	8051295	Álvaro Prieto	95	[7697] MALARRUTA	11:47
545	8655222	Maikel Rodriguez	83	[6287] BUDIÑORAI	11:51
279	8112937	Carlos Vera	93	[2214] Toledo-O	11:55
145	8636820	Raúl Ferra	84	[11593] Ultra Maximus	11:59
1963	8004324	João Ferreira	89	[168] CAB	12:03
4103	1304084	Rafael Miguel	93	[007] Ori-Estarreja	12:07
DE (13) 10,2 km 170 m 18 C					
449	8622630	Violeta Feliciano	92	[2267] Colivenc	10:45
5533	1553355	Beatriz Sanguino	98	[094] CPOC	10:51
3519	1010119	Maria Sá	77	[090] ADFA	10:57
4112	8668976	Inês Pinto	92	[052] GD4C	11:03
274	8422409	Guadalupe Moreno	70	[2214] Toledo-O	11:09
341	8291209	Marta Pérez	88	[2220] COV	11:15
5288	2023820	Stepanka Betkova	87	[166] ADM Ori-Mondego	11:21
3157	1990620	Liliana Oliveira	90	[052] GD4C	11:27
323	8651947	Amanda Pons	89	[2219] CORZO	11:33
3156	1280892	Mariana Moreira	92	[094] CPOC	11:39
439	8197412	Esmeralda Ruiz	74	[2256] Murcia-O	11:45
5506	1420052	Verónica Fradique	97	[052] GD4C	11:51
5138	1998072	Joana Marques	98	[007] Ori-Estarreja	11:57

Stno	Chipno	Name	B	Club	Start
H21A (39)		9,2 km 145 m 17 C			
5504	240746	Diogo Reis	98	[052] GD4C	9:02
329	1407454	Héctor Hugo de l Torre	00	[2220] COV	9:06
479	8001028	Miguel Mesas	99	[2777] COMCU	9:10
5845	9102730	Francisco Abreu	98	[102] .COM	9:14
5950	8090788	Fábio Pereira	88	[073] CMO Funchal	9:18
512	8172154	Miguel Ramos	92	[3434] USC	9:22
328	8050110	Daniel Isla	68	[2220] COV	9:26
5421	9777877	Alexandre Espíri Santo	81	[166] ADM Ori-Mondego	9:30
243	7202274	Jorge Paricio	98	[2201] Ibón	9:34
3633	1220994	Marco Martins	94	[022] CLAC	9:38
118	8647687	Javier García	87	[10357] BMT CASAS DE VES	9:42
4985	1246642	Pedro Gonçalves	98	[007] Ori-Estarreja	9:46
267	8636829	Ignacio Sánchez	98	[2213] Manzanares-O	9:50
324	8999666	Ángel Frontela	75	[2220] COV	9:54
3760	2063998	Vasco Duarte	97	[090] ADFA	9:58
362	1394869	Alberto Conejo	88	[2224] CDP-O	10:02
5216	206350	Nuno Santos	96	[090] ADFA	10:06
3684	7190289	Rui Martins	89	[056] Natura	10:10
326	8307044	David de Santos	00	[2220] COV	10:14
5583	7820123	Pedro Rodrigues	82	[166] ADM Ori-Mondego	10:18
5061	2043031	Manuel Lopes	96	[090] ADFA	10:22
382	8213893	Miguel Ángel Martín	89	[2234] CODAN Extremadura	10:26
3426	8623970	André Mora	90	[166] ADM Ori-Mondego	10:30
356	8651399	Jorge Garcia	83	[2223] Tjalve	10:34
238	8185969	Sergio Ferra	89	[2200] Surco	10:38
188	8140780	Juan Antonio Morales	82	[2172] COMA	10:42
487	308375	Álvaro Mahou	93	[2779] COTA	10:46
416	8225555	Pablo Saz	95	[2247] Sotobosque	10:50
5980	7207514	Rafael Silva	87	[056] Natura	10:54
475	8665060	Oscar Hernaiz	89	[2775] Rioja-O	10:58
3954	1440066	Goncalo Pirrolas	96	[090] ADFA	11:02
6272	2108712	Ricardo Lopes	89	[056] Natura	11:06
4987	246342	Daniel Catarino	96	[007] Ori-Estarreja	11:10
585	8656853	Juan Manuel Mérida	89	[8845] JSPORT	11:14
259	1392158	Javier Saz	69	[2201] Ibón	11:18
5796	1811181	Bruno André	81	[119] OriMarão	11:22
433	7202479	Jorge Gracia	97	[2255] Lorca-O	11:26
318	342358	Juan Carlos Dorado	71	[2215] CO Navalcán	11:30
239	8420163	Andres Jesus Perez	90	[2200] Surco	11:34
D21A (25)		6,4 km 135 m 13 C			
445	8670231	Inma Espadas	81	[2267] Colivenc	9:02
3720	308470	Ines Aires	92	[007] Ori-Estarreja	9:05
447	8670358	Luz Feliciano	86	[2267] Colivenc	9:08
1554	259718	Ana Porta Nova	86	[094] CPOC	9:11
378	8670295	Lidia Alonso	90	[2234] CODAN Extremadura	9:14
4986	1977779	Inês Gonçalves	95	[007] Ori-Estarreja	9:17
531	1007806	Yevheniya Chystyakova	97	[4033] Trevinca	9:20
5388	1951993	Susana Almeida	93	[056] Natura	9:23
1490	1304113	Cristina Nazário	83	[007] Ori-Estarreja	9:26
6236	7110981	Anabela André	81	[119] OriMarão	9:29
5634	2043046	Carolina Carço	98	[090] ADFA	9:32
6261	1281807	Sofia Inácio	92	[073] CMO Funchal	9:35
6500	1007223	Rita Pereira	95	[166] ADM Ori-Mondego	9:38

Stno	Chipno	Name	B	Club	Start
D21A (25)		6,4 km 135 m 13 C	(cont.)		
4454	2004380	Helena Xavier Baptista	96	[052] GD4C	9:41
201	7204538	Paula Gil	85	[2172] COMA	9:44
418	8665059	Sara Saz	98	[2247] Sotobosque	9:47
204	7202311	Mari Carmen Morillas	85	[2172] COMA	9:50
5850	7051083	Zélia Viana	83	[102] .COM	9:53
5857	1881188	Diana Moreira	87	[168] CAB	9:56
497	7207604	Ángeles López	00	[3168] O-San Roque	9:59
2174	234592	Paula Rodrigues	67	[172] ACM Madeira	10:02
491	8290697	Elena Rojas	97	[2780] Alabarda-O	10:05
5745	2006624	Luísa Pinheiro	96	[102] .COM	10:08
5525	419855	Tânia Cunha	89	[159] COAAL	10:11
420	8656852	Blanca Perez	85	[2250] Colmenar	10:14
H21B (44)		5,2 km 80 m 14 C			
450	8670232	Rubén Gisbert	79	[2267] Colivenc	9:09
123	7300107	Mark Heikoop	64	[10358] CAT-O	9:13
446	2091996	Ivan Pons	00	[2267] Colivenc	9:17
245	8664263	Angel Elhombre	72	[2201] Ibón	9:21
293	7209410	Manuel Caro	79	[2214] Toledo-O	9:25
135	980431	Juan Miguel Llorente	85	[10360] ROMANS RAIDERS	9:29
212	2087566	Javier Delgado	87	[2175] Veleta	9:33
339	2057682	Pedro Ángel de Santos	73	[2220] COV	9:37
296	1391524	Diego Melendez	70	[2214] Toledo-O	9:41
306	7208363	Francisco Javier Diaz	80	[2215] CO Navalcán	9:45
108	2115360	Andrés González	00	[10357] BMT CASAS DE VES	9:49
454	8657359	Pedro Corihuela	66	[2268] Correcaminos	9:53
6281	400266	Paulo Pintassilgo	74	[159] COAAL	9:57
528	8657194	Iván Ramos	95	[4033] Trevinca	10:01
107	2128821	Eduardo Honrubia	77	[10357] BMT CASAS DE VES	10:05
360	2091907	Carlos Luis Martin	81	[2224] CDP-O	10:09
5131	1398371	Pedro Cabeça	99	[133] GDU Azoia	10:13
562	1428555	Roberto Monseco	71	[7172] O-CHARLIES ORIENTA	10:17
116	2128823	Javier González	00	[10357] BMT CASAS DE VES	10:21
319	2010549	Manuel Blanco	71	[2215] CO Navalcán	10:25
6445	8044379	António Pires	90	[052] GD4C	10:29
309	8627780	Diego Muñoz	82	[2215] CO Navalcán	10:33
419	2043547	Jakub Piatek	97	[2247] Sotobosque	10:37
269	8664075	Victor Calatayud	86	[2213] Manzanares-O	10:41
1315	8201080	João Amorim	78	[007] Ori-Estarreja	10:45
134	1410228	Jesus Garcia	85	[10360] ROMANS RAIDERS	10:49
186	2110354	Javier Alcaide	73	[2172] COMA	10:53
5103	2076683	Diogo Melim	98	[062] CA Madeira	10:57
311	2115620	José Carlos Muñoz	94	[2215] CO Navalcán	11:01
457	8665010	Eduardo Pellicer	95	[2272] Valencia-O	11:05
276	8670397	Jesús Fernández	71	[2214] Toledo-O	11:09
200	249104	Yury Leonardo Oropeza	74	[2172] COMA	11:13
321	7208610	Joaquin Parejo	93	[2215] CO Navalcán	11:17
506	1420725	Óscar Hernández	78	[3206] OrientaGetafe	11:21
4778	8004778	Tiago Mota	93	[007] Ori-Estarreja	11:25
113	2126320	Jose Luis Sánchez	87	[10357] BMT CASAS DE VES	11:29
459	2028949	Hector Gadea	91	[2272] Valencia-O	11:33
507	8664981	Sergio de la Losa	79	[3206] OrientaGetafe	11:37
317	2010723	Jose Julio Sánchez	68	[2215] CO Navalcán	11:41
363	8111303	Enrique Gonzalez	81	[2224] CDP-O	11:45

Stno	Chipno	Name	B	Club	Start
H21B (44)		5,2 km 80 m 14 C	(cont.)		
36298	1425363	José Barros Maia	74	[085] A Montanha	11:49
244	2010094	Jesus Paricio	67	[2201] Ibón	11:53
33081	1304095	Alberto Barros	69	[052] GD4C	11:57
34779	8498912	Daniel Cruz	98	[007] Ori-Estarreja	12:01
D21B (23)		3,5 km 50 m 10 C			
413	206015	Cristina Fernández	82	[2245] Monte El Pardo	10:25
398	1007103	Cristina Zolle	79	[2236] Fluvial	10:29
561	1428553	Laura Lopez	73	[7172] O-CHARLIES ORIENTA	10:33
2104	1426960	Sandra Mestre	84	[133] GDU Azoia	10:37
365	7212196	Patricia Perez	90	[2224] CDP-O	10:41
371	353810	Eva Delgado	66	[2234] CODAN Extremadura	10:45
315	2010342	Penelope Brezmes	76	[2215] CO Navalcán	10:49
6439	1967730	Fátima Olival	99	[137] LCM	10:53
300	1391525	Maria Rosa Rodríguez	73	[2214] Toledo-O	10:57
404	8197411	Ana Belen Perez	74	[2244] El Imperdible	11:01
458	7211378	Eva Pellicer	92	[2272] Valencia-O	11:05
467	7209320	Ruth Hernández	00	[2275] Universidad Alicante	11:09
6409	400293	Cristina Torcato	93	[007] Ori-Estarreja	11:13
115	2102919	Eva María García	78	[10357] BMT CASAS DE VES	11:17
435	2006913	María Peñas	68	[2255] Lorca-O	11:21
542	8665023	Elisabet Tordillo	83	[5331] SiMePierdo	11:25
284	793112	Laura Alberto	96	[2214] Toledo-O	11:29
139	242398	Ana Nunes	98	[114] COA	11:33
142	2102915	María José Hernández	78	[11588] OesteXtrem-AFN	11:37
290	7201489	Maria Pilar Ruiz	77	[2214] Toledo-O	11:41
453	8658607	Monserrat Esteve	70	[2268] Correcaminos	11:45
5824	2062636	Ángela Ayres	77	[107] CAOS	11:49
312	7208630	Sara Sánchez	78	[2215] CO Navalcán	11:53
H35 (25)		10,1 km 175 m 19 C			
427	9041100	Jorge Diaz	79	[2250] Colmenar	9:30
412	1500338	David Carretero	75	[2245] Monte El Pardo	9:36
5524	419819	Manuel Real	77	[159] COAAL	9:42
469	8647686	Francisco Javier Muñoz	83	[2277] Altair	9:48
161	7200552	JOSE ANTONIO FER PLAZA	54	[1851] Individual ESP	9:54
347	1933232	Antonio Hernández	73	[2221] Alcon	10:00
3943	9644100	Arnaldo Mendes	79	[166] ADM Ori-Mondego	10:06
1721	1304112	Bruno Nazário	80	[007] Ori-Estarreja	10:12
2831	1302730	Daniel Raposo	80	[128] COALA	10:18
421	8656855	Diego Lopez	81	[2250] Colmenar	10:24
5916	1010104	Artur Freitas	80	[166] ADM Ori-Mondego	10:30
6448	1402493	Bruno Moreiras	84	[005] CP Armada	10:36
579	8632195	Carlos Gil	80	[7697] MALARRUTA	10:42
1708	8099077	Gonçalo Mota	81	[033] Clube TAP	10:48
3887	1229922	Pedro Rama	84	[166] ADM Ori-Mondego	10:54
578	8304007	Francisco Leiva	83	[7697] MALARRUTA	11:00
402	8110002	Santiago Jiménez	80	[2243] GOCAN	11:06
6089	7404040	César Cruz	83	[102] .COM	11:12
3593	1336633	Jose Pereira	78	[005] CP Armada	11:18
571	8654393	Juan Carlos Rol	79	[7697] MALARRUTA	11:24
370	8670296	Francisco Barrios	81	[2234] CODAN Extremadura	11:30
473	8647682	Magi Llaveria	81	[2288] Montsant	11:36
358	886597	Cesar Torrejón	77	[2223] Tjalve	11:42

Stno	Chipno	Name	B	Club	Start
H35 (25)		10,1 km 175 m 19 C	(cont.)		
411	2128237	Miguel Lopez	82	[2244] El Imperdible	11:48
4241	234189	Luis Gonçalves	81	[094] CPOC	11:54
D35 (12)		6,5 km 95 m 12 C			
4901	1444555	Carla Amorim	79	[166] ADM Ori-Mondego	10:36
471	8659366	Miriam Miranda	81	[2277] Altair	10:40
3799	1010087	Tânia Covas Costa	78	[102] .COM	10:44
580	8010761	Andrea Viqueira	78	[7697] MALARRUTA	10:48
426	9021004	Sandra Aguilera	79	[2250] Colmenar	10:52
225	8668568	María Josefa Molina	75	[2188] ADOL	10:56
548	8656773	Mónica Figueroa	80	[6482] AROMON	11:00
570	8250912	María José Martín	75	[7697] MALARRUTA	11:04
138	8661784	Isabel Diz	84	[11241] Objetivo Trail	11:08
177	8662013	Ainhoa Sánchez	78	[2141] COCC Valencia	11:12
1629	308252	Emília Silveira	76	[159] COAL	11:16
553	8654201	Alicia Pérez	81	[6482] AROMON	11:20
H40 (35)		9,7 km 165 m 15 C			
230	7202282	Salvador Martínez	70	[2189] Totana	9:04
266	7204780	Angel Luis Manzanque	79	[2213] Manzanares-O	9:08
5823	2063994	Cláudio Ramos	78	[107] CAOS	9:12
1872	1420246	Nuno Ferreira	76	[094] CPOC	9:16
543	8070777	Javier Serrano	77	[6167] ESCONDITE-M	9:20
536	8661783	Andres María Fernández	76	[4769] Alcor	9:24
1285	259880	Duarte Lopes	70	[094] CPOC	9:28
6450	2113544	Cristiano Gomes	75	[052] GD4C	9:32
549	8668565	Ángel Álvarez	76	[6482] AROMON	9:36
6185	1007113	Rogério Pereira	75	[166] ADM Ori-Mondego	9:40
331	7210990	Carlos Torrejón	75	[2220] COV	9:44
2772	2142100	Jorge Santos	79	[107] CAOS	9:48
2044	881188	João Pedro Valente	66	[094] CPOC	9:52
465	8637635	Javier Montiel	78	[2275] Universidad Alicante	9:56
403	8258255	Alberto Mínguez	67	[2244] El Imperdible	10:00
2562	1304275	Nuno Pedro	79	[107] CAOS	10:04
6105	240842	Fernando Fonseca	78	[167] NAST	10:08
1325	8001325	Nuno Rebelo	79	[007] Ori-Estarreja	10:12
124	7211355	Moises Cañada	76	[10359] BASE DON BENITO	10:16
526	2020191	José Antonio Agudo	75	[4033] Trevinca	10:20
343	308376	Pedro Mario Sanjuán	72	[2220] COV	10:24
1050	9781050	Daniel Filipe	78	[007] Ori-Estarreja	10:28
6399	7211428	Fernando Silva	74	[052] GD4C	10:32
550	8668992	Pablo Barreiro	76	[6482] AROMON	10:36
429	8472315	José Antonio García	68	[2255] Lorca-O	10:40
4285	1010115	Jorge Correia	70	[090] ADFA	10:44
4101	1151515	Jorge Marques	73	[052] GD4C	10:48
2054	2053725	Jorge Mendes	75	[090] ADFA	10:52
4685	1304173	José João Ferreira	74	[119] OriMarão	10:56
567	2094597	Arturo Antón	76	[7176] IES SABON	11:00
6003	1421970	Paulo Batista	75	[038] CM Arrábida	11:04
263	8152323	José Puche	75	[2212] Club Godih	11:08
122	8027878	David Veleda	78	[10358] CAT-O	11:12
2588	1302729	José Domingos	76	[094] CPOC	11:16
216	7003189	José Manuel Martínez	70	[2188] ADOL	11:20

Stno	Chipno	Name	B	Club	Start
D40 (22) 6,5 km 95 m 12 C					
270	8001663	Silvia Belen Aparicio	75	[2213] Manzanares-O	9:00
1005	8303005	Kátia Almeida	72	[094] CPOC	9:04
2561	1304139	Ângela Pedro	79	[107] CAOS	9:08
1006	259802	Cristina Santos	68	[151] GafanhOri	9:12
554	8670545	Carlota Veiga	76	[6482] AROMON	9:16
485	8664083	Montserrat Rodríguez	73	[2777] COMCU	9:20
444	7211182	Susana Diego	74	[2260] Cdn Navarra	9:24
436	7202281	María José Romera	77	[2255] Lorca-O	9:28
5696	400259	Ana Casaca	76	[133] GDU Azoia	9:32
205	8647671	Marian Roldán	74	[2172] COMA	9:36
2587	2043032	Sandra Rodrigues	78	[090] ADFA	9:40
357	7210995	Alba Gavela	72	[2223] Tjalve	9:44
514	2009950	Ana Blanco	77	[3434] USC	9:48
4587	2115015	Ana Margarida Vaz	76	[007] Ori-Estarreja	9:52
350	1417837	Mª Del Carmen Hernanz	70	[2222] Orca	9:56
4954	1010163	Vanessa Jorge	75	[094] CPOC	10:00
1346	259895	Fátima Saraiva	77	[168] CAB	10:04
2936	2801210	Anabela Freitas	72	[085] A Montanha	10:08
125	8090103	Ana Martín-pérez	76	[10359] BASE DON BENITO	10:12
129	253832	María Jesús Garc Fernandez	74	[10360] ROMANS RAIDERS	10:16
397	8670991	María José Pérez	79	[2236] Fluvial	10:20
410	7202230	Silvia Feijoo	78	[2244] El Imperdible	10:24
H45 (45) 9,2 km 170 m 16 C					
423	2057798	Alejandro Alvarez	67	[2250] Colmenar	9:06
492	8141974	Samuel Diaz	74	[2780] Alabarda-O	9:09
422	2016916	Alberto Pérez	72	[2250] Colmenar	9:12
310	8643489	Jesús Nieto	73	[2215] CO Navalcán	9:15
424	2016891	Juan Antonio Higuera	72	[2250] Colmenar	9:18
344	8121971	José Luis Tribiño	71	[2220] COV	9:21
425	1415397	Jose Carlos Castillo	72	[2250] Colmenar	9:24
3755	246362	António Rompante	71	[167] NAST	9:27
1967	1770099	Luís Bucha	70	[008] CP EPAL	9:30
4059	1304006	Miguel Sá	71	[116] Montepio Geral	9:33
3913	8003913	Alberto César	70	[052] GD4C	9:36
546	1402891	Eladio Rodríguez	71	[6482] AROMON	9:39
431	7202244	Antonio Gázquez	72	[2255] Lorca-O	9:42
289	1403315	Mariano Flores	71	[2214] Toledo-O	9:45
2244	409976	Cláudio Tereso	70	[115] ATV	9:48
217	981914	Antonio Guerrero	68	[2188] ADOL	9:51
336	1050672	Raúl Valentín	72	[2220] COV	9:54
496	1415175	Stanislav Vnuk	72	[2780] Alabarda-O	9:57
342	8499998	Óscar Remigio García	73	[2220] COV	10:00
2999	214060	António Batista	69	[115] ATV	10:03
519	8655262	Jaime Perez	74	[4025] Tierra Trágame	10:06
1457	1304060	António Amador	68	[007] Ori-Estarreja	10:09
565	2020189	Martín Morales	69	[7173] LIMIACTIVA	10:12
236	7201306	David Terán	71	[2198] Fundi-O	10:15
383	8636822	José Félix Guardado	68	[2234] CODAN Extremadura	10:18
3727	1997799	Paulo Fernandes	72	[128] COALA	10:21
432	7202254	Miguel Girona	74	[2255] Lorca-O	10:24
6263	2113523	Ricardo Silva	70	[007] Ori-Estarreja	10:27
556	8656782	Antonio Domínguez	73	[6482] AROMON	10:30
5297	9000512	Cidálio Oliveira	73	[052] GD4C	10:33

Stno	Chipno	Name	B	Club	Start
H45 (45)		9,2 km 170 m 16 C	(cont.)		
2209	242178	Luís Borges	71	[103] ADADesnível	10:36
522	8000193	Miguel Angel Toledo	69	[4027] Orientijote	10:39
128	2129159	Francisco Ibanez	71	[10359] BASE DON BENITO	10:42
3408	1974131	Nuno Pires	74	[007] Ori-Estarreja	10:45
590	8662020	Francisco Jose Rubio	70	[9722] MARISTAS SEGOVIA -	10:48
298	8001161	Joaquín González	73	[2214] Toledo-O	10:51
4635	2016760	Sérgio Mónica	70	[128] COALA	10:54
387	8647695	Javier Liz	72	[2236] Fluvial	10:57
443	8411070	Jorge Urquizu	70	[2260] Cnavarra	11:00
2092	1424627	António Olival	72	[062] CA Madeira	11:03
302	8643498	Gregorio Gómez	70	[2215] CO Navalcán	11:06
136	980433	Ángel Santos	72	[10360] ROMANS RAIDERS	11:09
576	8665071	Miguel Ángel Durán	70	[7697] MALARRUTA	11:12
483	8001031	David Moya	73	[2777] COMCU	11:15
143	7207510	Javier García	74	[11588] OesteXtrem-AFN	11:18
D45 (27)		5,7 km 95 m 12 C			
229	8665051	María Teresa Barceló	74	[2189] Totana	9:01
520	2057614	Carmen Navarro	70	[4027] Orientijote	9:04
121	8130469	Rosa M. Sanjaume	69	[10358] CAT-O	9:07
377	1417840	María Del Encina Granado	70	[2234] CODAN Extremadura	9:10
5280	246370	Carmo Silva	67	[007] Ori-Estarreja	9:13
575	7211122	Mercedes García	70	[7697] MALARRUTA	9:16
196	8160274	Leticia de Villarreal	74	[2172] COMA	9:19
220	553327	Isabel Serrano	63	[2188] ADOL	9:22
1039	1971615	Margarida Maria	71	[007] Ori-Estarreja	9:25
2022	1009875	Paula Serra Campos	68	[102] .COM	9:28
374	8670306	Inmaculada Macías	68	[2234] CODAN Extremadura	9:31
394	8670898	Sonia Gómez	74	[2236] Fluvial	9:34
3134	1304061	Manuela Nogueira	69	[007] Ori-Estarreja	9:37
5783	2063997	Catarina Félix	67	[133] GDU Azoia	9:40
280	1391510	Cristina Galán	69	[2214] Toledo-O	9:43
320	2015231	Mayte Cobo	73	[2215] CO Navalcán	9:46
539	2111389	Iryna Beketova	70	[5327] Maximus	9:49
215	2010905	Carmen Pedrero	71	[2188] ADOL	9:52
198	8002868	Teresa Angeles Pérez	68	[2172] COMA	9:55
493	8030972	Rosa Silveira	72	[2780] Alabarda-O	9:58
294	7209381	María Megia	71	[2214] Toledo-O	10:01
2849	1968503	Alexandra Coelho	68	[052] GD4C	10:04
5307	2017030	Manuela Marques	72	[102] .COM	10:07
477	8202022	Nuria Calvo	71	[2777] COMCU	10:10
355	7202477	Patricia Marcos	73	[2223] Tjalve	10:13
338	362275	Pilar Barrio	73	[2220] COV	10:16
558	7201506	Lourdes Cano	71	[7171] IBERIA	10:19
H50 (46)		7,9 km 110 m 13 C			
2533	1443344	Arménio Mendes	65	[094] CPOC	9:53
381	8670307	José Gago	64	[2234] CODAN Extremadura	9:56
250	8658618	Fernando Millán	65	[2201] Ibón	9:59
405	8627770	Ramon Garcia	67	[2244] El Imperdible	10:02
1093	1401760	Jorge Baltazar	66	[133] GDU Azoia	10:05
508	2023661	José Enrique Barcia	68	[3206] OrientaGetafe	10:08
255	8664285	César Fandos	68	[2201] Ibón	10:11
2593	1304093	Vítor Delgado	67	[052] GD4C	10:14

Stno	Chipno	Name	B	Club	Start
H50 (46)		7,9 km 110 m 13 C	(cont.)		
6481	8101003	Rui Silva	68	[102] .COM	10:17
489	439120	Luis Mahou	62	[2779] COTA	10:20
415	2010732	Rafael Arranz	67	[2246] Rumbo-Madrid Sanse	10:23
5158	2043072	Sérgio Santos	66	[090] ADFA	10:26
1202	407048	Paulo Mosca	69	[005] CP Armada	10:29
354	1415162	Teófilo Gil	66	[2223] Tjalve	10:32
146	9101007	Yulian Borislavov	67	[11593] Ultra Maximus	10:35
1344	259810	António Pina	66	[157] AFAP	10:38
414	8280188	Miguel Álvarez	67	[2246] Rumbo-Madrid Sanse	10:41
202	8647680	Paul Pereira	69	[2172] COMA	10:44
369	8670299	Ángel Carrón	67	[2234] CODAN Extremadura	10:47
505	8650861	Juan Pozo	65	[3206] OrientaGetafe	10:50
1407	2043036	Luís Quinta-Nova	66	[090] ADFA	10:53
478	8001032	Jose Miguel Mesas	65	[2777] COMCU	10:56
208	8646244	Carlos Sanz	66	[2172] COMA	10:59
3010	409921	Paulo Santos	67	[003] CIMO	11:02
283	7207011	José Antonio Carrillo	67	[2214] Toledo-O	11:05
574	8220467	José Manuel Prieto	67	[7697] MALARRUTA	11:08
6184	1007259	António Azinheiro	66	[166] ADM Ori-Mondego	11:11
256	2037167	Roberto Saz	69	[2201] Ibón	11:14
551	8450000	José Antonio Ricoy	68	[6482] AROMON	11:17
1101	7207923	Rui Ferreira	67	[119] OriMarão	11:20
187	8647694	Juan Antonio López	67	[2172] COMA	11:23
472	8659378	Oscar Casero	68	[2277] Altair	11:26
301	2015241	Carlos Sánchez	66	[2215] CO Navalcán	11:29
351	1390707	Nicolás Julio Bores	65	[2222] Orca	11:32
533	8627775	Pablo Adrián Aller	69	[4033] Trevinca	11:35
6490	308415	Luis Pinto	67	[094] CPOC	11:38
391	409017	Jesús Sanmartín	63	[2236] Fluvial	11:41
1810	544041	Octávio Andrade	68	[102] .COM	11:44
224	8654922	Juan José Durán	64	[2188] ADOL	11:47
417	2043560	Luis Fernando Saz	63	[2247] Sotobosque	11:50
1152	1402488	José Rebola	67	[005] CP Armada	11:53
2667	1101267	João Martins	67	[022] CLAC	11:56
4045	2108632	Fernando Mendes	67	[133] GDU Azoia	11:59
207	8181165	Martin Stangegaard	65	[2172] COMA	12:02
461	409114	Carlos Gutiérrez	68	[2273] Villena-O	12:05
308	8643478	Cesar Pascual	66	[2215] CO Navalcán	12:08
D50 (21)		5,7 km 95 m 12 C			
313	2043600	Silvia Sánchez	69	[2215] CO Navalcán	10:31
501	8666118	Ana María Prada	68	[3206] OrientaGetafe	10:34
233	1391425	Rosa Bella Rubia	61	[2196] Los Califas	10:37
3467	1304188	Helena Sousa	67	[119] OriMarão	10:40
348	2045014	Elena Escudero	69	[2222] Orca	10:43
455	1112966	Amparo Ferrer	66	[2268] Correcaminos	10:46
2497	1991199	Aida Correia	63	[052] GD4C	10:49
182	409079	Consuelo Lopera	64	[2156] Navaleno	10:52
4730	2003094	Assunção Almeida	59	[151] GafanhOri	10:55
468	8670262	Carmen Elvira Torres	68	[2277] Altair	10:58
1524	1222222	Helena Lopes	58	[1000] Individual POR Fed	11:01
119	2087576	Rami Muñoz	69	[10357] BMT CASAS DE VES	11:04
573	8130369	Cristina Del Campo	69	[7697] MALARRUTA	11:07
6479	242400	Fátima Emauz	68	[094] CPOC	11:10

Stno	Chipno	Name	B	Club	Start
D50 (21)		5,7 km 95 m 12 C		(cont.)	
470	2045047	Gloria Pico	69	[2277] Altair	11:13
191	8250768	Ana María Martín	68	[2172] COMA	11:16
242	2020053	Coral Francés	67	[2201] Ibón	11:19
288	7204815	Sagrario Martin-tesorero	69	[2214] Toledo-O	11:22
406	2010753	Silvia Saoner	68	[2244] El Imperdible	11:25
555	2043525	Luisa Sánchez	65	[6482] AROMON	11:28
235	2043556	Chus Vidal	65	[2198] Fundi-O	11:31
H55 (41)		7,0 km 100 m 11 C			
4098	242149	Júlio Oliveira	63	[005] CP Armada	9:00
591	2129115	Alberto Murcia	63	[9722] MARISTAS SEGOVIA -	9:03
361	8060060	Juan Manuel Lasso	63	[2224] CDP-O	9:06
232	1391426	Antonio Rodríguez	60	[2196] Los Califas	9:09
428	8661775	Juan Ferra	59	[2255] Lorca-O	9:12
3889	8048082	Rui Almeida	64	[157] AFAP	9:15
1095	2008961	Fernando Costa	61	[052] GD4C	9:18
335	8403783	José Luis Sánchez	61	[2220] COV	9:21
6509	8006509	Jadir Pereira	64	[166] ADM Ori-Mondego	9:24
334	407463	José Luis Gómez	60	[2220] COV	9:27
499	7204831	Manuel López	64	[3168] O-San Roque	9:30
582	8651389	José Luis Báscones	60	[7866] C.D.C.E.B.E.	9:33
4783	308468	Carlos Fortunato	62	[007] Ori-Estarreja	9:36
221	7201312	José Ángel Ramos	64	[2188] ADOL	9:39
437	8307015	Pedro Mayol	57	[2256] Murcia-O	9:42
1907	259704	Carlos Coelho	61	[094] CPOC	9:45
500	2111370	Andrés Sánchez	60	[3206] OrientaGetafe	9:48
1405	2043044	João Barrulas	61	[090] ADFA	9:51
6291	242366	Manuel Nunes	62	[114] COA	9:54
261	8670967	Francisco Javier Montero	63	[2212] Club Godih	9:57
2905	1396355	Manuel Delgado	61	[052] GD4C	10:00
5294	1680086	Amândio Gonçalves	63	[022] CLAC	10:03
1084	1428629	Manuel Luís	63	[005] CP Armada	10:06
271	256191	Oscar Rodríguez	61	[2213] Manzanares-O	10:09
474	1420769	Andrés Morán	61	[2775] Rioja-O	10:12
390	8670994	Francisco Varela	64	[2236] Fluvial	10:15
241	8664281	Alberto Santabárbara	64	[2201] Ibón	10:18
2417	9601125	Carlos Matos	60	[167] NAST	10:21
2454	8004749	Jorge Silva	60	[085] A Montanha	10:24
1256	1850469	Mário Duarte	62	[090] ADFA	10:27
253	8664266	Pedro Villar	61	[2201] Ibón	10:30
349	1603356	José Luis Velez	63	[2222] Orca	10:33
464	8650857	Vladimir Shangin	62	[2275] Universidad Alicante	10:36
185	8434445	James Ross	63	[2172] COMA	10:39
364	8303033	Francisco Javier Prada	60	[2224] CDP-O	10:42
3098	1403184	António Graça	63	[005] CP Armada	10:45
183	403790	Mario Vidal	61	[2156] Navaleno	10:48
1682	1961682	Santos Sousa	64	[090] ADFA	10:51
3007	1304109	José Mário Baptista	62	[052] GD4C	10:54
5354	1401756	Noel Cabeça	64	[133] GDU Azoia	10:57
577	8114116	Dirk Hartmann	62	[7697] MALARRUTA	11:00

Stno	Chipno	Name	B	Club	Start
D55 (9) 3,9 km 80 m 11 C					
476	1500889	Lourdes Callado	63	[2775] Rioja-O	10:29
5695	1401624	Luísa Gaboleiro	63	[133] GDU Azoia	10:35
498	1603455	Ángeles Ruiz	61	[3168] O-San Roque	10:41
264	2006930	Alfonsa Corrochano	62	[2213] Manzanares-O	10:47
486	341410	Mª Covadonga Carrascosa	58	[2777] COMCU	10:53
434	8665038	Amor Murcia	61	[2255] Lorca-O	10:59
513	2011925	Rosa María Pernas	59	[3434] USC	11:05
5293	1987789	Amália Gonçalves	63	[022] CLAC	11:11
252	8664277	Azucena Carruesco	64	[2201] Ibón	11:17
H60 (22) 7,0 km 100 m 11 C					
194	1397530	Félix Alfonso Gil	56	[2172] COMA	11:06
1851	1090256	Escada da Costa	56	[128] COALA	11:09
392	8030659	Pedro Parga	59	[2236] Fluvial	11:12
325	899019	José María Galván	55	[2220] COV	11:15
1577	1191082	Luís Sousa	54	[090] ADFA	11:18
3128	1304153	Manuel Martins	56	[005] CP Armada	11:21
211	8670419	Santiago Guiller Pérez	59	[2172] COMA	11:24
248	8664273	Jose Antonio Ferrando	56	[2201] Ibón	11:27
195	2056277	Ladislav Mizera	53	[2172] COMA	11:30
1190	7200995	Carlos Ferreira	56	[168] CAB	11:33
3997	1401650	Jorge Artur	55	[090] ADFA	11:36
584	7000489	Juan Carlos Miranda	56	[8539] APU-O	11:39
581	9200108	José Luis Cobas	58	[7866] C.D.C.E.B.E.	11:42
541	9200269	Claude Fosse	56	[5331] SiMePierdo	11:45
1567	559977	Crispim Júnior	55	[090] ADFA	11:48
511	2009955	Eduardo V. Ramos	55	[3434] USC	11:51
3888	407050	Vitor Almeida	59	[005] CP Armada	11:54
463	8651392	Santiago Del Moral	56	[2275] Universidad Alicante	11:57
583	8651394	Alberto García	57	[7866] C.D.C.E.B.E.	12:00
2364	7210959	António Amador	58	[073] CMO Funchal	12:03
164	409223	Juan Fco. García Salazar	57	[1851] Individual ESP	12:06
3430	2086027	Dias Coelho	55	[033] Clube TAP	12:09
D60 (5) 3,9 km 80 m 11 C					
359	8020657	Ana Julia Alonso	57	[2224] CDP-O	9:53
1393	308216	Paula Joaquim	57	[022] CLAC	9:59
1640	259755	Fernanda Ferreira	55	[168] CAB	10:05
249	1428536	Julia Quilez	57	[2201] Ibón	10:11
396	2023567	Fermina Fernandez	54	[2236] Fluvial	10:17
H65 (11) 5,0 km 85 m 9 C					
1557	259713	Acácio Porta Nova	53	[094] CPOC	9:25
1831	944444	Jorge Santos	50	[128] COALA	9:31
1449	8035553	Manuel Dias	52	[151] GafanhOri	9:37
456	2800607	Ricardo Iñiguez	51	[2268] Correcaminos	9:43
1905	1010145	Vítor Rodrigues	54	[094] CPOC	9:49
1410	2043070	Jacinto Eleutério	54	[090] ADFA	9:55
1677	1954428	António Reyes	54	[128] COALA	10:01
140	9510520	Jan Lindelöf	51	[11574] Seskarö IF	10:07
1251	9200261	Álvaro Coelho	53	[166] ADM Ori-Mondego	10:13
3088	2018590	José Raposo	51	[128] COALA	10:19
240	2006928	Juan David Pérez-caballero	50	[2200] Surco	10:25

Stno	Chipno	Name	B	Club	Start
D65 (4)		3,0 km 60 m	8	C	
460	8665068	Carmen Perona	51	[2272] Valencia-O	9:29
540	8662016	Amalia Galdón	54	[5331] SiMePierdo	9:35
5123	8088099	Cathy Dawson	53	[151] GafanhOri	9:41
1556	259715	Ana Carreira	51	[094] CPOC	9:47
H70 (3)		5,0 km 85 m	9	C	
5124	9102785	Roy Dawson	48	[151] GafanhOri	9:03
1079	308251	Joaquim Patrício	48	[035] CN Alvito	9:09
563	2800861	Francisco Martínez	46	[7172] O-CHARLIES ORIENTA	9:15
H75 (2)		3,0 km 60 m	8	C	
1576	259816	Francisco Coelho	44	[033] Clube TAP	9:05
1149	1942119	Armandino Cramez	42	[007] Ori-Estarreja	9:11
H80 (1)		2,6 km 50 m	8	C	
2121	259818	José Grada	39	[007] Ori-Estarreja	9:02