

Stno	Chipno	Name	B	Club	Start
<b>PROM1 - Fácil Curto</b> 2,3 km 35 m 12 C					
6576	1006124	AntonyLeyser	06	[166] ADM Ori-Mondego	10:12
482	2054709	Candela Moya	12	[2777] COMCU	10:16
5405	409926	Sónia Pereira	78	[116] Montepio Geral	10:20
346	1121971	María Jesús Cord Rego	71	[2220] COV	10:24
126	7209728	Moises Cañada	12	[10359] BASE DON BENITO	10:28
165	1007107	Yubiry Del Valle Salazar	91	[1851] Individual ESP	10:32
384	407473	Patricia Pérez	80	[2234] CODAN Extremadura	10:36
304	2010895	Javier Gomez	13	[2215] CO Navalcán	10:40
6088	2096961	Carolina Vasconcelos	82	[102] .COM	10:44
154	1007274	Ana Lopes	72	[1564] Individual POR	10:48
515	1007232	Brais Carreira	08	[3434] USC	10:52
2100	259719	Ana Vilar	73	[103] ADADesnível	10:56
181	1459138	MiriamM+PedroM		[2155] Piloña Deporte	11:00
6577	1410215	Silvani Silva	72	[166] ADM Ori-Mondego	11:04
516	1007260	Noa Carreira	09	[3434] USC	11:08
6578	1402527	Aline Moreiras	82	[005] CP Armada	11:12
6514	2108631	Anabela Gomes	69	[133] GDU Azoia	11:16
592	5628555	Juan Calzada	06	[9722] MARISTAS SEGOVIA -	11:20
517	1410249	Roi Carreira	12	[3434] USC	11:24
495	1407458	Andres Vnuk	10	[2780] Alabarda-O	11:28
156	1410218	Catarina Fernandes	94	[1564] Individual POR	11:32
6304	407047	Aline Almeida	66	[005] CP Armada	11:36
6638	7927982	Isabel Neto	57	[073] CMo Funchal	11:40
6587	2108644	Salvador Mendes	15	[133] GDU Azoia	11:44
<b>PROM2 - Difícil Curt</b> 3,3 km 65 m 15 C					
5555	7210939	José Carlos Marques	78	[159] COAAL	10:10
169	1007167	MARINA MARTINEZ DORADO	03	[1851] Individual ESP	10:14
523	2023671	Eva Calvelo	80	[4033] Trevinca	10:18
2243	240763	Maria João Borges	71	[115] ATV	10:22
148	1304140	MARTÍNEZ CASTILL JORGE	09	[11600] C.D. LA SIERRA	10:26
168	1007206	ALONSO MARTINEZ DORADO	06	[1851] Individual ESP	10:30
180	1459112	Sergio Martínez	08	[2155] Piloña Deporte	10:34
372	2129160	Carolina Sánchez	04	[2234] CODAN Extremadura	10:38
199	8008966	Verónica Rodríguez	04	[2172] COMA	10:42
158	234110	EugénioS+NairA		[1564] Individual POR	10:46
178	1459125	Covadonga Martínez	04	[2155] Piloña Deporte	10:50
380	8121178	Javier Barja	78	[2234] CODAN Extremadura	10:54
184	352195	Adriana Macarena Oropeza	04	[2172] COMA	10:58
386	353752	Natalia Benito	04	[2234] CODAN Extremadura	11:02
401	1301713	María Coloma	86	[2243] GOCAN	11:06
147	1007239	CASTILLO ABAD, DIEGO	07	[11600] C.D. LA SIERRA	11:10
560	8307020	Sara Monseco	04	[7172] O-CHARLIES ORIENTA	11:14
167	1010041	ALBERTO ALONSO KRYDUS	01	[1851] Individual ESP	11:18
<b>PROM3 - Fácil Long</b> 4,3 km 65 m 21 C					
150	1010085	REY ÁNGEL, ÁLVARO	04	[11600] C.D. LA SIERRA	10:13
157	1410223	Gonçalo Antunes	93	[1564] Individual POR	10:17
151	1007134	SÁNCHEZ CASTILLO PACO	10	[11600] C.D. LA SIERRA	10:21
160	1007122	BrunoS+CatarinaS GilP+LauraP		[1564] Individual POR	10:25
488	249076	Daniel Mahou	92	[2779] COTA	10:29
172	4631950	Ester Arconada	74	[1851] Individual ESP	10:33
379	2115361	Isabel Martin	75	[2234] CODAN Extremadura	10:37
166	240431	Josefa Prieto Lozano	58	[1851] Individual ESP	10:41

Stno	Chipno	Name	B	Club	Start
<b>PROM3 - Fácil Long</b> 4,3 km 65 m 21 C (cont.)					
144	4631981	Gloria Paniagua Hernández	62	[11588] OesteXtrem-AFN	10:45
170	1007267	ROSALINDA DORADO RECUE	71	[1851] Individual ESP	10:49
<b>PROM4 - Difícil Long</b> 4,2 km 70 m 17 C					
149	8665006	MARTÍNEZ PADILLA JORGE	84	[11600] C.D. LA SIERRA	10:11
171	1007242	SERGIO MARTINEZ GONZALEZ	69	[1851] Individual ESP	10:15
504	8665409	Juan Manuel Pozo	04	[3206] OrientaGetafe	10:19
162	230905	Alejandro Rodríg Nicolás	96	[1851] Individual ESP	10:23
6044	214068	Dora Ferreirinha	82	[166] ADM Ori-Mondego	10:27
153	1410247	Joaquim Luís Vid Pereira	58	[1564] Individual POR	10:31
3131	234148	José Oliveira	64	[114] COA	10:35
15820	8121079	Márcio Gouveia	79	[137] LCM	10:39
163	2041795	Bárbara González Fernández	96	[1851] Individual ESP	10:43
104	308276	Carlos Gameiro	68	[094] CPOC	10:47
105	240982	LucianoM+MariaM		[1000] Individual POR Fed	10:51
110	2087556	Alberto Pérez	03	[10357] BMT CASAS DE VES	10:55
509	8002804	Jorge Barcia	04	[3206] OrientaGetafe	10:59
176	1007152	Julio Cesar Puer Gonzalez	78	[1851] Individual ESP	11:03
179	7005082	José Antonio Martínez	71	[2155] Piloña Deporte	11:07
<b>H10 (8)</b> 2,2 km 30 m 14 C					
442	364391	Iván Urquizu	09	[2260] Cdn Navarra	10:48
569	981472	Sergio Alvano	09	[7263] ITACA	10:50
385	7778887	Lucas Barja	10	[2234] CODAN Extremadura	10:52
6539	234057	André Ferreira	10	[070] COC	10:54
303	2010317	Izan Brezmes	10	[2215] CO Navalcán	10:56
6407	2091971	Gil Ehrhardt	13	[102] .COM	10:58
6242	2108709	David Marques	10	[070] COC	11:00
408	2097025	Bruno Fuente	10	[2244] El Imperdible	11:02
<b>D10 (18)</b> 2,2 km 30 m 14 C					
6552	206395	Catarina Mendes	16	[166] ADM Ori-Mondego	10:10
6000	1892013	Benedita	13	[007] Ori-Estarreja	10:12
5941	308316	Inês Pedro	14	[107] CAOS	10:14
223	2045055	Daniela Molina	10	[2188] ADOL	10:16
6544	2032860	Sofia Santos	10	[107] CAOS	10:18
534	4660004	Martina Aller	10	[4033] Trevinca	10:20
6551	308219	Beatriz Nazário	14	[007] Ori-Estarreja	10:22
530	4616289	Marta Agudo	10	[4033] Trevinca	10:24
189	981979	Irene López	09	[2172] COMA	10:26
6498	259870	Maria Oliveira	10	[070] COC	10:28
6550	259742	Matilde Nazário	10	[007] Ori-Estarreja	10:30
6520	1304098	Clara Lima	10	[070] COC	10:32
106	2128818	Aitana Honrubia	09	[10357] BMT CASAS DE VES	10:34
127	8004595	Elsa Cañada	10	[10359] BASE DON BENITO	10:36
5333	1304278	Juliana Pedro	11	[107] CAOS	10:38
6641	400339	Maria Patrocínio	09	[007] Ori-Estarreja	10:40
407	427359	Berta Fuente	12	[2244] El Imperdible	10:42
345	2045065	Matilde Tribiño	09	[2220] COV	10:44

Stno	Chipno	Name	B	Club	Start
<b>H12 (12)</b> 2,5 km 30 m 12 C					
206	8007107	Pablo Pereira	07	[2172] COMA	10:33
6187	1304102	João Cruz	07	[007] Ori-Estarreja	10:35
130	1007178	Carlo Medina	08	[10360] ROMANS RAIDERS	10:37
297	8664068	Javier Melendez	07	[2214] Toledo-O	10:39
393	2020102	Tomé Sanmartín	08	[2236] Fluvial	10:41
6393	2108692	Miguel Ferreira	08	[070] COC	10:43
388	2042477	Eloi Sanmartín	08	[2236] Fluvial	10:45
254	8664268	César Fandos	07	[2201] Ibón	10:47
6372	234372	Alfredo Marcelo	08	[166] ADM Ori-Mondego	10:49
6343	259821	António Oliveira	09	[070] COC	10:51
111	2098770	Antonio Calomarde	07	[10357] BMT CASAS DE VES	10:53
6451	1426002	Sérgio Gomes	07	[052] GD4C	10:55
<b>D12 (9)</b> 2,5 km 30 m 12 C					
316	2024389	Niobe Brezmes	07	[2215] CO Navalcán	10:11
559	8307001	Irene Monseco	07	[7172] O-CHARLIES ORIENTA	10:13
6483	2006621	Matilde Silva	08	[102] .COM	10:15
557	7208409	Aixa Domínguez	08	[6482] AROMON	10:17
529	4616286	María Agudo	08	[4033] Trevinca	10:19
112	2128819	Minerva Honrubia	07	[10357] BMT CASAS DE VES	10:21
6404	2108707	Maria Leonor	08	[070] COC	10:23
373	8670281	Elena Gago	07	[2234] CODAN Extremadura	10:25
524	8447447	Mailén Aller	07	[4033] Trevinca	10:27
<b>H14 (32)</b> 3,1 km 40 m 17 C					
552	8316000	Xián Novoa	05	[6482] AROMON	10:57
131	8008935	Ángel Santos	06	[10360] ROMANS RAIDERS	10:59
6335	1426006	Rúben Pereira	05	[052] GD4C	11:01
6203	246360	João ferreira	05	[007] Ori-Estarreja	11:03
307	2056767	Cesar Bernabe Pascual	05	[2215] CO Navalcán	11:05
6227	2108648	Tiago Gomes	05	[133] GDU Azoia	11:07
6351	2108658	Simão Carvalho	06	[085] A Montanha	11:09
190	8002006	Ignacio Vallejo	06	[2172] COMA	11:11
6174	2800579	Duarte Reis	06	[085] A Montanha	11:13
132	8008944	Mario Santos	06	[10360] ROMANS RAIDERS	11:15
527	4616290	Israel Agudo	05	[4033] Trevinca	11:17
6211	1426063	João Gomes	05	[052] GD4C	11:19
452	8665554	Yeray Gil	06	[2268] Correcaminos	11:21
6414	2108641	Miguel Manso	05	[133] GDU Azoia	11:23
6623	208665	Tiago Oliveira	07	[094] CPOC	11:25
6299	407085	André Barros	05	[052] GD4C	11:27
6642	246344	Pedro Patrocínio	07	[007] Ori-Estarreja	11:29
525	4616287	Juan Pablo Agudo	06	[4033] Trevinca	11:31
4222	1304277	João Pedro	07	[107] CAOS	11:33
117	8664080	Iván Martínez	05	[10357] BMT CASAS DE VES	11:35
367	8670289	Hector Moreira	06	[2234] CODAN Extremadura	11:37
518	8655239	Alvaro Pérez	06	[4025] Tierra Trágame	11:39
538	8665047	Juan Pedro Fernández	05	[4769] Alcor	11:41
237	7208394	David Terán	05	[2198] Fundi-O	11:43
6453	2054467	Dinis Kaiseler	05	[090] ADFA	11:45
282	8664082	Gonzalo Ballesteros	06	[2214] Toledo-O	11:47
588	8008928	Sergio Rubio	06	[9722] MARISTAS SEGOVIA -	11:49
5899	2108639	Guilherme Clímaco	05	[133] GDU Azoia	11:51
192	2017595	Andrés López	06	[2172] COMA	11:53

Stno	Chipno	Name	B	Club	Start
<b>H14 (32)</b>		3,1 km 40 m 17 C	(cont.)		
6497	234158	Gonçalo Sousa	05	[052] GD4C	11:55
251	8307048	Pablo Millán	05	[2201] Ibón	11:57
586	8008960	Pablo Murcia	06	[9722] MARISTAS SEGOVIA -	11:59
<b>D14 (27)</b>		3,1 km 40 m 17 C			
6505	2108664	Rita Maia	06	[085] A Montanha	10:01
6413	1113811	Leonor Ferreira	06	[094] CPOC	10:03
6553	2054469	Matilde Salgueiro	07	[090] ADFA	10:05
222	8654925	Marina Misas	05	[2188] ADOL	10:07
6480	2006622	Débora Oliveira	05	[102] .COM	10:09
101	246347	Beatriz Fernandes	05	[007] Ori-Estarreja	10:11
5880	8201029	Alexandra Serra Campos	06	[102] .COM	10:13
273	8670398	Adriana Fernández	06	[2214] Toledo-O	10:15
568	1007231	Laura Doncel	05	[7263] ITACA	10:17
441	434646	Iranzu Urquizu	06	[2260] Cdn Navarra	10:19
395	8670900	Sofía Martínez	05	[2236] Fluvial	10:21
6522	2108634	Sofia Pulquério	06	[133] GDU Azoia	10:23
5600	234425	Catarina Vieira	06	[139] GDE	10:25
6057	1872005	Maria Cruz	05	[007] Ori-Estarreja	10:27
5784	2108645	Carolina Rusga	06	[133] GDU Azoia	10:29
6325	2108659	Inês Laranjeira	06	[085] A Montanha	10:31
6631	264901	Mafalda Marques	05	[090] ADFA	10:33
219	2062943	Isabel Ramos	06	[2188] ADOL	10:35
275	1391509	Irene Ferrando	06	[2214] Toledo-O	10:37
6515	2108637	Joana Canana	06	[133] GDU Azoia	10:39
6624	264903	Maria Teresa	05	[090] ADFA	10:41
247	8664282	Lucia Elhombre	05	[2201] Ibón	10:43
305	2056765	Gabriela Pascual	05	[2215] CO Navalcán	10:45
246	8664272	Julia Elhombre	05	[2201] Ibón	10:47
462	403751	Carolina Gutiérrez	06	[2273] Villena-O	10:49
120	8220406	Guinedell Faja	06	[10358] CAT-O	10:51
430	8651395	Lucía García	05	[2255] Lorca-O	10:53
<b>H16 (44)</b>		4,3 km 100 m 20 C			
547	8656799	Mateo Rodríguez	04	[6482] AROMON	10:42
5997	2025532	Pedro Pereira	03	[139] GDE	10:44
589	8665013	Adrián Rubio	03	[9722] MARISTAS SEGOVIA -	10:46
6007	2060053	Pedro Mendes	03	[090] ADFA	10:48
566	8140375	Joao Morales	04	[7173] LIMIACTIVA	10:50
481	8110504	Andrés Moya	04	[2777] COMCU	10:52
6493	2006625	João Cruz	04	[102] .COM	10:54
5794	2108636	Rafael Rusga	03	[133] GDU Azoia	10:56
6347	1304167	Miguel Sousa	04	[166] ADM Ori-Mondego	10:58
137	1410230	Mario Ruiz	04	[10360] ROMANS RAIDERS	11:00
285	7209377	Nicolás García	04	[2214] Toledo-O	11:02
5601	2018941	João Vieira	03	[139] GDE	11:04
6210	1424630	Pedro Viana	03	[052] GD4C	11:06
277	8664069	Gonzalo Ferrando	04	[2214] Toledo-O	11:08
451	8667778	Niklas Gil	03	[2268] Correcaminos	11:10
6401	7776401	João Rodrigues	03	[052] GD4C	11:12
114	8653290	Javier García	03	[10357] BMT CASAS DE VES	11:14
564	8665080	Gonzalo Zorrilla	04	[7172] O-CHARLIES ORIENTA	11:16
6377	2127100	Gabriel Vilaça	04	[102] .COM	11:18
295	8664067	Alvaro Melendez	04	[2214] Toledo-O	11:20

Stno	Chipno	Name	B	Club	Start
<b>H16 (44)</b>		<b>4,3 km 100 m 20 C</b>	<b>(cont.)</b>		
193	8665027	Daniel Alcaide	04	[2172] COMA	11:22
6164	2103693	Rodrigo Lima	04	[085] A Montanha	11:24
368	8670304	Hugo Moreiro	03	[2234] CODAN Extremadura	11:26
587	2128227	Enrique Murcia	03	[9722] MARISTAS SEGOVIA -	11:28
484	8070203	Jaime Moya	03	[2777] COMCU	11:30
6476	2043054	Afonso Araújo	03	[090] ADFA	11:32
337	1421600	Tomás Martín	03	[2220] COV	11:34
6408	206022	Raúl Azevedo	04	[052] GD4C	11:36
6557	2108649	Rafael Salgueiro	04	[133] GDU Azoia	11:38
352	1603413	Nicolás Velez	03	[2222] Orca	11:40
6534	2006626	Tiago Silva	04	[102] .COM	11:42
6452	2062635	José Reis	03	[090] ADFA	11:44
535	8665025	Andres Fernández	03	[4769] Alcor	11:46
6065	2108711	Diogo Neto	04	[056] Natura	11:48
5714	1304252	João Sá	04	[116] Montepio Geral	11:50
6285	7101040	Alexandre Soares	04	[022] CLAC	11:52
278	8670395	Gonzalo Fernández	03	[2214] Toledo-O	11:54
440	8300899	Aimar Urquizu	04	[2260] Cdn Navarra	11:56
6287	1421690	Afonso Ferreira	04	[094] CPOC	11:58
6053	2106946	Pedro Lagarto	03	[022] CLAC	12:00
389	8668743	Javier López	03	[2236] Fluvial	12:02
400	8657351	Diego Casado	03	[2243] GOCAN	12:04
6270	7300285	Afonso Guimarães	03	[052] GD4C	12:06
258	1403298	Manuel Saz	03	[2201] Ibón	12:08
<b>D16 (19)</b>		<b>3,8 km 70 m 17 C</b>			
494	8654392	Patricia Toledo	04	[2780] Alabarda-O	10:52
231	8651391	Marta Martínez	04	[2189] Totana	10:56
6320	1101012	Mariana São Bento	04	[085] A Montanha	11:00
532	2023646	Raquel Agudo	03	[4033] Trevinca	11:04
510	2063991	Lucía García	04	[3432] Entrebalizas	11:08
448	8665000	Maria Belloso	03	[2267] Colivenc	11:12
6327	240969	Beatriz Coelho	04	[033] Clube TAP	11:16
330	2115371	Carolina Pérez	03	[2220] COV	11:20
5582	2043037	Catarina Pereira	04	[090] ADFA	11:24
281	8670396	Cristina Márquez	03	[2214] Toledo-O	11:28
314	2010392	Susana Martin	03	[2215] CO Navalcán	11:32
6402	2132553	Nadine Silva	03	[052] GD4C	11:36
141	8665001	Lara García	04	[11588] OesteXtrem-AFN	11:40
218	8654923	Irene Guerrero	04	[2188] ADOL	11:44
5611	2028655	Inês Soares	04	[139] GDE	11:48
6400	1424712	Daniela Faria	03	[052] GD4C	11:52
340	2111359	Leticia Cristina Pina	03	[2220] COV	11:56
197	8657346	Sara López	04	[2172] COMA	12:00
6295	242356	Marta Nunes	04	[114] COA	12:04
<b>H18 (21)</b>		<b>4,8 km 95 m 18 C</b>			
5737	2077078	Vasco Mendes	02	[133] GDU Azoia	10:47
6334	7210048	Fábio Baptista	02	[085] A Montanha	10:51
257	2037210	Javier Saz	02	[2201] Ibón	10:55
6048	8318500	Diogo Oliveira	01	[102] .COM	10:59
203	8191915	Lucas Stangegaard	01	[2172] COMA	11:03
375	8665009	Isaac Hernández	01	[2234] CODAN Extremadura	11:07
5392	1304160	André Ferreira	01	[166] ADM Ori-Mondego	11:11

Stno	Chipno	Name	B	Club	Start
<b>H18 (21)</b>		4,8 km 95 m 18 C	<i>(cont.)</i>		
6201	2006623	José Pedro Fernandes	01	[102] .COM	11:15
5896	2108635	Pedro Peralta	02	[133] GDU Azoia	11:19
5529	2006633	André Serra Campos	02	[102] .COM	11:23
6286	1425346	José Vieira Maia	02	[085] A Montanha	11:27
6039	2043069	João Pinto	01	[090] ADFA	11:31
6175	2060378	João Sousa	02	[133] GDU Azoia	11:35
480	8001030	Alvaro Mesas	02	[2777] COMCU	11:39
133	8008955	Victor Manuel Santos	02	[10360] ROMANS RAIDERS	11:43
262	8653288	Florencio García	02	[2212] Club Godih	11:47
333	2010488	Andrés Valentín	01	[2220] COV	11:51
6478	2006629	Luís Amorim	01	[102] .COM	11:55
6040	2043073	Diogo Lampreia	01	[090] ADFA	11:59
214	8633189	Miguel Garrido	01	[2175] Veleta	12:03
286	8664070	Pablo Ferrando	02	[2214] Toledo-O	12:07
<b>D18 (25)</b>		4,4 km 90 m 18 C			
5663	234176	Patrícia Pardal	01	[159] COAAL	10:56
6177	2043068	Maria do Mar	02	[090] ADFA	10:58
6482	2006630	Ana Silva	02	[102] .COM	11:00
287	8670394	Raquel Márquez	01	[2214] Toledo-O	11:02
6447	234067	Matilde Ribeiro	02	[094] CPOC	11:04
322	8100121	Aruca Siqueira	01	[2217] C.O. Guadalajara	11:06
226	8651387	Lucía Misas	02	[2188] ADOL	11:08
327	7207528	Alba Rey	02	[2220] COV	11:10
6456	2086028	Dulce Fernandes	01	[052] GD4C	11:12
6488	8369730	Inês Augusto	02	[102] .COM	11:14
6454	2053727	Marta Costinha	02	[090] ADFA	11:16
6440	2006632	Bárbara Pereira	01	[102] .COM	11:18
234	9016032	Ana Madoz	02	[2198] Fundi-O	11:20
376	8212002	Natalia Carballo	02	[2234] CODAN Extremadura	11:22
299	8653285	Nerea González	02	[2214] Toledo-O	11:24
332	8667764	Ana Caro-patón	02	[2220] COV	11:26
291	7202226	Laura García	02	[2214] Toledo-O	11:28
109	8653286	Ana Defez	01	[10357] BMT CASAS DE VES	11:30
5879	241196	Joana Catarino	02	[022] CLAC	11:32
6046	2006634	Ana Pacheco	03	[102] .COM	11:34
6457	8004614	Ana Viana	01	[052] GD4C	11:36
5811	7915811	Ana Nunes	01	[094] CPOC	11:38
5706	362704	Margarida Miranda	01	[052] GD4C	11:40
5751	2028660	Clara Costa	02	[139] GDE	11:42
292	7202320	Leire García	01	[2214] Toledo-O	11:44
<b>H20 (8)</b>		5,2 km 110 m 20 C			
5447	7200128	Leonardo Ramalho	99	[102] .COM	11:20
5488	8262000	André Henriques	00	[007] Ori-Estarreja	11:26
399	8657337	Álvaro Casado	00	[2243] GOCAN	11:32
490	8150300	David Rojas	00	[2780] Alabarda-O	11:38
5797	8308494	Ricardo Ferreira	00	[007] Ori-Estarreja	11:44
210	8646243	Juan Sanz	00	[2172] COMA	11:50
6173	1779977	José Dinis	00	[052] GD4C	11:56
5510	8223234	Pedro Barbosa Silva	00	[007] Ori-Estarreja	12:02

Stno	Chipno	Name	B	Club	Start
<b>D20 (10)</b> 4,5 km 90 m 19 C					
521	8651381	Ana Isabel Toledo	00	[4027] Orientijote	10:57
6329	2006635	Maria Dias	99	[102] .COM	11:03
6246	1999426	Ana Jorge	99	[007] Ori-Estarreja	11:09
5659	7040100	Raquel Henriques	00	[094] CPOC	11:15
366	8641343	Irene Guardado	99	[2234] CODAN Extremadura	11:21
272	8653283	Kika Basarán	01	[2214] Toledo-O	11:27
6328	2006637	Inês José	00	[102] .COM	11:33
502	8633190	Ines Pozo	00	[3206] OrientaGetafe	11:39
6209	2006636	Rita Fernandes	99	[102] .COM	11:45
6294	242389	Lígia Nunes	00	[114] COA	11:51
<b>HE (27)</b> 6,1 km 120 m 24 C					
6358	7204798	Angel Soto	92	[052] GD4C	10:15
353	8650854	Eduardo Gil	94	[2223] Tjalve	10:19
3167	234034	Nuno Evangelista	80	[114] COA	10:23
5448	8101004	João Magalhães	98	[102] .COM	10:27
1963	8004324	João Ferreira	89	[168] CAB	10:31
1111	1541410	Pedro Nogueira	82	[090] ADFA	10:35
572	8051295	Álvaro Prieto	95	[7697] MALARRUTA	10:39
466	8651385	Sergio Mérida	93	[2275] Universidad Alicante	10:43
544	8060691	Borja Álvarez	91	[6167] ESCONDITE-M	10:47
5287	1304164	João Novo	97	[102] .COM	10:51
145	8636820	Raúl Ferra	84	[11593] Ultra Maximus	10:55
2983	2076542	João Gomes	78	[062] CA Madeira	10:59
2150	7207946	Xavier Vieira	69	[139] GDE	11:03
3555	733330	Filipe Dias	85	[052] GD4C	11:07
545	8655222	Maikel Rodriguez	83	[6287] BUDIÑORAI	11:11
3602	1010040	Luis Barreiro	82	[054] NADA	11:15
4495	1551155	Tiago Gingão Leal	90	[052] GD4C	11:19
260	8670965	Elmar Montero	96	[2212] Club Godih	11:23
268	1944066	Jesús Rodríguez	97	[2213] Manzanares-O	11:27
213	8651379	Carlos Raico Landa	96	[2175] Veleta	11:31
5316	7207509	João Real	84	[159] COAAL	11:35
265	8664072	Diego Rodríguez	92	[2213] Manzanares-O	11:39
3785	2060028	Nelson Baroca	80	[062] CA Madeira	11:43
209	8633194	José Manuel García	81	[2172] COMA	11:47
279	8112937	Carlos Vera	93	[2214] Toledo-O	11:51
2969	8044371	Domingos Martins	89	[052] GD4C	11:55
4103	1304084	Rafael Miguel	93	[007] Ori-Estarreja	11:59
<b>DE (13)</b> 5,0 km 105 m 21 C					
439	8197412	Esmeralda Ruiz	74	[2256] Murcia-O	11:18
4112	8668976	Inês Pinto	92	[052] GD4C	11:22
5288	2023820	Stepanka Betkova	87	[166] ADM Ori-Mondego	11:26
5138	1998072	Joana Marques	98	[007] Ori-Estarreja	11:30
5506	1420052	Verónica Fradique	97	[052] GD4C	11:34
3519	1010119	Maria Sá	77	[090] ADFA	11:38
3156	1280892	Mariana Moreira	92	[094] CPOC	11:42
341	8291209	Marta Pérez	88	[2220] COV	11:46
3157	1990620	Liliana Oliveira	90	[052] GD4C	11:50
323	8651947	Amanda Pons	89	[2219] CORZO	11:54
5533	1553355	Beatriz Sanguino	98	[094] CPOC	11:58
274	8422409	Guadalupe Moreno	70	[2214] Toledo-O	12:02
449	8622630	Violeta Feliciano	92	[2267] Colivenc	12:06

Stno	Chipno	Name	B	Club	Start
<b>H21A (41)</b>		4,5 km 90 m 18 C			
326	8307044	David de Santos	00	[2220] COV	10:02
259	1392158	Javier Saz	69	[2201] Ibón	10:05
239	8420163	Andres Jesus Perez	90	[2200] Surco	10:08
267	8636829	Ignacio Sánchez	98	[2213] Manzanares-O	10:11
479	8001028	Miguel Mesas	99	[2777] COMCU	10:14
6272	2108712	Ricardo Lopes	89	[056] Natura	10:17
487	308375	Álvaro Mahou	93	[2779] COTA	10:20
5980	7207514	Rafael Silva	87	[056] Natura	10:23
512	8172154	Miguel Ramos	92	[3434] USC	10:26
585	8656853	Juan Manuel Mérida	89	[8845] JSPOORT	10:29
5216	206350	Nuno Santos	96	[090] ADFA	10:32
5421	9777877	Alexandre Espíri Santo	81	[166] ADM Ori-Mondego	10:35
3633	1220994	Marco Martins	94	[022] CLAC	10:38
4985	1246642	Pedro Gonçalves	98	[007] Ori-Estarreja	10:41
328	8050110	Daniel Isla	68	[2220] COV	10:44
3426	8623970	André Mora	90	[166] ADM Ori-Mondego	10:47
329	1407454	Héctor Hugo de I Torre	00	[2220] COV	10:50
3760	2063998	Vasco Duarte	97	[090] ADFA	10:53
5845	9102730	Francisco Abreu	98	[102] .COM	10:56
5796	1811181	Bruno André	81	[119] OriMarão	10:59
5061	2043031	Manuel Lopes	96	[090] ADFA	11:02
382	8213893	Miguel Ángel Martín	89	[2234] CODAN Extremadura	11:05
4987	246342	Daniel Catarino	96	[007] Ori-Estarreja	11:08
5583	7820123	Pedro Rodrigues	82	[166] ADM Ori-Mondego	11:11
356	8651399	Jorge Garcia	83	[2223] Tjalve	11:14
188	8140780	Juan Antonio Morales	82	[2172] COMA	11:17
324	8999666	Ángel Frontela	75	[2220] COV	11:20
238	8185969	Sergio Ferra	89	[2200] Surco	11:23
243	7202274	Jorge Paricio	98	[2201] Ibón	11:26
5925	1903603	Pedro Tiago Gomes	90	[159] COAAL	11:29
318	342358	Juan Carlos Dorado	71	[2215] CO Navalcán	11:32
3954	1440066	Goncalo Pirrolas	96	[090] ADFA	11:35
5950	8090788	Fábio Pereira	88	[073] CMO Funchal	11:38
475	8665060	Oscar Hernaiz	89	[2775] Rioja-O	11:41
118	8647687	Javier García	87	[10357] BMT CASAS DE VES	11:44
5504	240746	Diogo Reis	98	[052] GD4C	11:47
416	8225555	Pablo Saz	95	[2247] Sotobosque	11:50
3684	7190289	Rui Martins	89	[056] Natura	11:53
433	7202479	Jorge Gracia	97	[2255] Lorca-O	11:56
362	1394869	Alberto Conejo	88	[2224] CDP-O	11:59
4779	8498912	Daniel Cruz	98	[007] Ori-Estarreja	12:02
<b>D21A (25)</b>		4,4 km 90 m 18 C			
3720	308470	Ines Aires	92	[007] Ori-Estarreja	10:00
1554	259718	Ana Porta Nova	86	[094] CPOC	10:02
418	8665059	Sara Saz	98	[2247] Sotobosque	10:04
420	8656852	Blanca Perez	85	[2250] Colmenar	10:06
1490	1304113	Cristina Nazário	83	[007] Ori-Estarreja	10:08
5857	1881188	Diana Moreira	87	[168] CAB	10:10
5745	2006624	Luísa Pinheiro	96	[102] .COM	10:12
445	8670231	Inma Espadas	81	[2267] Colivenc	10:14
497	7207604	Ángeles López	00	[3168] O-San Roque	10:16
4986	1977779	Inês Gonçalves	95	[007] Ori-Estarreja	10:18
201	7204538	Paula Gil	85	[2172] COMA	10:20



Stno	Chipno	Name	B	Club	Start
<b>D21A (25)</b>		<b>4,4 km 90 m 18 C</b>	<b>(cont.)</b>		
5525	419855	Tânia Cunha	89	[159] COAAL	10:22
4454	2004380	Helena Xavier Baptista	96	[052] GD4C	10:24
5850	7051083	Zélia Viana	83	[102] .COM	10:26
447	8670358	Luz Feliciano	86	[2267] Colivenc	10:28
6500	1007223	Rita Pereira	95	[166] ADM Ori-Mondego	10:30
204	7202311	Mari Carmen Morillas	85	[2172] COMA	10:32
6261	1281807	Sofia Inácio	92	[073] CMO Funchal	10:34
5634	2043046	Carolina Carço	98	[090] ADFA	10:36
531	1007806	Yevheniya Chystyakova	97	[4033] Trevinca	10:38
2174	234592	Paula Rodrigues	67	[172] ACM Madeira	10:40
491	8290697	Elena Rojas	97	[2780] Alabarda-O	10:42
378	8670295	Lidia Alonso	90	[2234] CODAN Extremadura	10:44
5388	1951993	Susana Almeida	93	[056] Natura	10:46
6236	7110981	Anabela André	81	[119] OriMarão	10:48
<b>H21B (42)</b>		<b>3,5 km 55 m 13 C</b>			
507	8664981	Sergio de la Losa	79	[3206] OrientaGetafe	10:01
309	8627780	Diego Muñoz	82	[2215] CO Navalcán	10:03
528	8657194	Iván Ramos	95	[4033] Trevinca	10:05
113	2126320	Jose Luis Sánchez	87	[10357] BMT CASAS DE VES	10:07
506	1420725	Óscar Hernández	78	[3206] OrientaGetafe	10:09
562	1428555	Roberto Monseco	71	[7172] O-CHARLIES ORIENTA	10:11
457	8665010	Eduardo Pellicer	95	[2272] Valencia-O	10:13
186	2110354	Javier Alcaide	73	[2172] COMA	10:15
5131	1398371	Pedro Cabeça	99	[133] GDU Azoia	10:17
446	2091996	Ivan Pons	00	[2267] Colivenc	10:19
419	2043547	Jakub Piatek	97	[2247] Sotobosque	10:21
123	7300107	Mark Heikoop	64	[10358] CAT-O	10:23
200	249104	Yury Leonardo Oropeza	74	[2172] COMA	10:25
293	7209410	Manuel Caro	79	[2214] Toledo-O	10:27
339	2057682	Pedro Ángel de Santos	73	[2220] COV	10:29
212	2087566	Javier Delgado	87	[2175] Veleta	10:31
306	7208363	Francisco Javier Diaz	80	[2215] CO Navalcán	10:33
107	2128821	Eduardo Honrubia	77	[10357] BMT CASAS DE VES	10:35
321	7208610	Joaquin Parejo	93	[2215] CO Navalcán	10:37
5103	2076683	Diogo Melim	98	[062] CA Madeira	10:39
360	2091907	Carlos Luis Martin	81	[2224] CDP-O	10:41
269	8664075	Victor Calatayud	86	[2213] Manzanares-O	10:43
317	2010723	Jose Julio Sánchez	68	[2215] CO Navalcán	10:45
108	2115360	Andrés González	00	[10357] BMT CASAS DE VES	10:47
363	8111303	Enrique Gonzalez	81	[2224] CDP-O	10:49
296	1391524	Diego Melendez	70	[2214] Toledo-O	10:51
4778	8004778	Tiago Mota	93	[007] Ori-Estarreja	10:53
276	8670397	Jesús Fernández	71	[2214] Toledo-O	10:55
319	2010549	Manuel Blanco	71	[2215] CO Navalcán	10:57
454	8657359	Pedro Corihuela	66	[2268] Correcaminos	10:59
6281	400266	Paulo Pintassilgo	74	[159] COAAL	11:01
244	2010094	Jesus Paricio	67	[2201] Ibón	11:03
311	2115620	José Carlos Muñoz	94	[2215] CO Navalcán	11:05
135	980431	Juan Miguel Llorente	85	[10360] ROMANS RAIDERS	11:07
116	2128823	Javier González	00	[10357] BMT CASAS DE VES	11:09
245	8664263	Angel Elhombre	72	[2201] Ibón	11:11
1315	8201080	João Amorim	78	[007] Ori-Estarreja	11:13
134	1410228	Jesus Garcia	85	[10360] ROMANS RAIDERS	11:15

Stno	Chipno	Name	B	Club	Start
<b>H21B (42)</b>		3,5 km 55 m 13 C	(cont.)		
6298	1425363	José Barros Maia	74	[085] A Montanha	11:17
459	2028949	Hector Gadea	91	[2272] Valencia-O	11:19
6445	8044379	António Pires	90	[052] GD4C	11:21
450	8670232	Rubén Gisbert	79	[2267] Colivenc	11:23
<b>D21B (24)</b>		3,2 km 50 m 13 C			
2104	1426960	Sandra Mestre	84	[133] GDU Azoia	10:37
542	8665023	Elisabet Tordillo	83	[5331] SiMePierdo	10:41
139	242398	Ana Nunes	98	[114] COA	10:45
290	7201489	Maria Pilar Ruiz	77	[2214] Toledo-O	10:49
6439	1967730	Fátima Olival	99	[137] LCM	10:53
300	1391525	Maria Rosa Rodríguez	73	[2214] Toledo-O	10:57
315	2010342	Penelope Brezmes	76	[2215] CO Navalcán	11:01
435	2006913	María Peñas	68	[2255] Lorca-O	11:05
453	8658607	Monserrat Esteve	70	[2268] Correcaminos	11:09
467	7209320	Ruth Hernández	00	[2275] Universidad Alicante	11:13
561	1428553	Laura Lopez	73	[7172] O-CHARLIES ORIENTA	11:17
142	2102915	María José Hernández	78	[11588] OesteXtrem-AFN	11:21
284	793112	Laura Alberto	96	[2214] Toledo-O	11:25
458	7211378	Eva Pellicer	92	[2272] Valencia-O	11:29
537	8664998	Elena Moruno	75	[4769] Alcor	11:33
115	2102919	Eva María García	78	[10357] BMT CASAS DE VES	11:37
398	1007103	Cristina Zolle	79	[2236] Fluvial	11:41
404	8197411	Ana Belen Perez	74	[2244] El Imperdible	11:45
413	206015	Cristina Fernández	82	[2245] Monte El Pardo	11:49
6409	400293	Cristina Torcato	93	[007] Ori-Estarreja	11:53
371	353810	Eva Delgado	66	[2234] CODAN Extremadura	11:57
5824	2062636	Ángela Ayres	77	[107] CAOS	12:01
312	7208630	Sara Sánchez	78	[2215] CO Navalcán	12:05
365	7212196	Patricia Perez	90	[2224] CDP-O	12:09
<b>H35 (26)</b>		5,0 km 110 m 22 C			
3887	1229922	Pedro Rama	84	[166] ADM Ori-Mondego	10:21
412	1500338	David Carretero	75	[2245] Monte El Pardo	10:25
427	9041100	Jorge Diaz	79	[2250] Colmenar	10:29
5916	1010104	Artur Freitas	80	[166] ADM Ori-Mondego	10:33
469	8647686	Francisco Javier Muñoz	83	[2277] Altair	10:37
473	8647682	Magi Llaveria	81	[2288] Montsant	10:41
421	8656855	Diego Lopez	81	[2250] Colmenar	10:45
578	8304007	Francisco Leiva	83	[7697] MALARRUTA	10:49
402	8110002	Santiago Jiménez	80	[2243] GOCAN	10:53
3943	9644100	Arnaldo Mendes	79	[166] ADM Ori-Mondego	10:57
4714	9071978	Paulo Lima	78	[114] COA	11:01
579	8632195	Carlos Gil	80	[7697] MALARRUTA	11:05
358	886597	Cesar Torrejón	77	[2223] Tjalve	11:09
3593	1336633	Jose Pereira	78	[005] CP Armada	11:13
2831	1302730	Daniel Raposo	80	[128] COALA	11:17
1721	1304112	Bruno Nazário	80	[007] Ori-Estarreja	11:21
6089	7404040	César Cruz	83	[102] .COM	11:25
6448	1402493	Bruno Moreiras	84	[005] CP Armada	11:29
347	1933232	Antonio Hernández	73	[2221] Alcon	11:33
161	7200552	JOSE ANTONIO FER PLAZA	54	[1851] Individual ESP	11:37
571	8654393	Juan Carlos Rol	79	[7697] MALARRUTA	11:41
370	8670296	Francisco Barrios	81	[2234] CODAN Extremadura	11:45

Stno	Chipno	Name	B	Club	Start
<b>H35 (26)</b>		5,0 km 110 m 22 C	(cont.)		
1708	8099077	Gonçalo Mota	81	[033] Clube TAP	11:49
4241	234189	Luis Gonçalves	81	[094] CPOC	11:53
5524	419819	Manuel Real	77	[159] COAAL	11:57
411	2128237	Miguel Lopez	82	[2244] El Imperdible	12:01
<b>D35 (12)</b>		4,0 km 95 m 19 C			
426	9021004	Sandra Aguilera	79	[2250] Colmenar	11:34
580	8010761	Andrea Viqueira	78	[7697] MALARRUTA	11:37
1629	308252	Emília Silveira	76	[159] COAAL	11:40
471	8659366	Miriam Miranda	81	[2277] Altair	11:43
553	8654201	Alicia Pérez	81	[6482] AROMON	11:46
138	8661784	Isabel Diz	84	[11241] Objetivo Trail	11:49
570	8250912	María José Martín	75	[7697] MALARRUTA	11:52
177	8662013	Ainhoa Sánchez	78	[2141] COCC Valencia	11:55
3799	1010087	Tânia Covas Costa	78	[102] .COM	11:58
225	8668568	María Josefa Molina	75	[2188] ADOL	12:01
548	8656773	Mónica Figueroa	80	[6482] AROMON	12:04
4901	1444555	Carla Amorim	79	[166] ADM Ori-Mondego	12:07
<b>H40 (34)</b>		4,8 km 95 m 20 C			
266	7204780	Angel Luis Manzanque	79	[2213] Manzanares-O	10:03
5823	2063994	Cláudio Ramos	78	[107] CAOS	10:06
124	7211355	Moises Cañada	76	[10359] BASE DON BENITO	10:09
567	2094597	Arturo Antón	76	[7176] IES SABON	10:12
6450	2113544	Cristiano Gomes	75	[052] GD4C	10:15
549	8668565	Ángel Álvarez	76	[6482] AROMON	10:18
343	308376	Pedro Mario Sanjuán	72	[2220] COV	10:21
4101	1151515	Jorge Marques	73	[052] GD4C	10:24
2772	2142100	Jorge Santos	79	[107] CAOS	10:27
536	8661783	Andres María Fernández	76	[4769] Alcor	10:30
403	8258255	Alberto Mínguez	67	[2244] El Imperdible	10:33
1285	259880	Duarte Lopes	70	[094] CPOC	10:36
6003	1421970	Paulo Batista	75	[038] CM Arrábida	10:39
550	8668992	Pablo Barreiro	76	[6482] AROMON	10:42
526	2020191	José Antonio Agudo	75	[4033] Trevinca	10:45
543	8070777	Javier Serrano	77	[6167] ESCONDITE-M	10:48
122	8027878	David Velea	78	[10358] CAT-O	10:51
1050	9781050	Daniel Filipe	78	[007] Ori-Estarreja	10:54
6399	7211428	Fernando Silva	74	[052] GD4C	10:57
429	8472315	José Antonio García	68	[2255] Lorca-O	11:00
465	8637635	Javier Montiel	78	[2275] Universidad Alicante	11:03
1325	8001325	Nuno Rebelo	79	[007] Ori-Estarreja	11:06
4285	1010115	Jorge Correia	70	[090] ADFA	11:09
263	8152323	José Puche	75	[2212] Club Godih	11:12
2044	881188	João Pedro Valente	66	[094] CPOC	11:15
6105	240842	Fernando Fonseca	78	[167] NAST	11:18
1872	1420246	Nuno Ferreira	76	[094] CPOC	11:21
230	7202282	Salvador Martínez	70	[2189] Totana	11:24
2562	1304275	Nuno Pedro	79	[107] CAOS	11:27
2054	2053725	Jorge Mendes	75	[090] ADFA	11:30
216	7003189	José Manuel Martínez	70	[2188] ADOL	11:33
2588	1302729	José Domingos	76	[094] CPOC	11:36
331	7210990	Carlos Torrejón	75	[2220] COV	11:39
4685	1304173	José João Ferreira	74	[119] OriMarão	11:42

Stno	Chipno	Name	B	Club	Start
<b>D40 (23)</b> 4,0 km 95 m 19 C					
270	8001663	Silvia Belen Aparicio	75	[2213] Manzanares-O	10:01
397	8670991	María José Pérez	79	[2236] Fluvial	10:04
5398	1330033	Nadea Morais	77	[125] CP Abrunheira	10:07
2587	2043032	Sandra Rodrigues	78	[090] ADFA	10:10
4587	2115015	Ana Margarida Vaz	76	[007] Ori-Estarreja	10:13
125	8090103	Ana Martín-pérez	76	[10359] BASE DON BENITO	10:16
444	7211182	Susana Diego	74	[2260] Cdn Navarra	10:19
2561	1304139	Ângela Pedro	79	[107] CAOS	10:22
514	2009950	Ana Blanco	77	[3434] USC	10:25
554	8670545	Carlota Veiga	76	[6482] AROMON	10:28
1005	8303005	Kátia Almeida	72	[094] CPOC	10:31
350	1417837	Mª Del Carmen Hernanz	70	[2222] Orca	10:34
1006	259802	Cristina Santos	68	[151] GafanhOri	10:37
1346	259895	Fátima Saraiva	77	[168] CAB	10:40
4954	1010163	Vanessa Jorge	75	[094] CPOC	10:43
205	8647671	Marian Roldán	74	[2172] COMA	10:46
2936	2801210	Anabela Freitas	72	[085] A Montanha	10:49
436	7202281	María José Romera	77	[2255] Lorca-O	10:52
357	7210995	Alba Gavela	72	[2223] Tjalve	10:55
129	253832	María Jesús Garc Fernandez	74	[10360] ROMANS RAIDERS	10:58
5696	400259	Ana Casaca	76	[133] GDU Azoia	11:01
485	8664083	Montserrat Rodríguez	73	[2777] COMCU	11:04
410	7202230	Silvia Feijoo	78	[2244] El Imperdible	11:07
<b>H45 (46)</b> 4,8 km 95 m 20 C					
424	2016891	Juan Antonio Higuera	72	[2250] Colmenar	10:03
409	1007279	Pedro Fuente	74	[2244] El Imperdible	10:05
423	2057798	Alejandro Alvarez	67	[2250] Colmenar	10:07
344	8121971	José Luis Tribiño	71	[2220] COV	10:09
425	1415397	Jose Carlos Castillo	72	[2250] Colmenar	10:11
310	8643489	Jesús Nieto	73	[2215] CO Navalcán	10:13
422	2016916	Alberto Pérez	72	[2250] Colmenar	10:15
2092	1424627	António Olival	72	[062] CA Madeira	10:17
128	2129159	Francisco Ibanez	71	[10359] BASE DON BENITO	10:19
1967	1770099	Luís Bucha	70	[008] CP EPAL	10:21
522	8000193	Miguel Angel Toledo	69	[4027] Orientijote	10:23
3408	1974131	Nuno Pires	74	[007] Ori-Estarreja	10:25
3727	1997799	Paulo Fernandes	72	[128] COALA	10:27
519	8655262	Jaime Perez	74	[4025] Tierra Trágame	10:29
143	7207510	Javier García	74	[11588] OesteXtrem-AFN	10:31
6263	2113523	Ricardo Silva	70	[007] Ori-Estarreja	10:33
3081	1304095	Alberto Barros	69	[052] GD4C	10:35
298	8001161	Joaquín González	73	[2214] Toledo-O	10:37
2244	409976	Cláudio Tereso	70	[115] ATV	10:39
236	7201306	David Terán	71	[2198] Fundi-O	10:41
492	8141974	Samuel Diaz	74	[2780] Alabarda-O	10:43
565	2020189	Martín Morales	69	[7173] LIMIACTIVA	10:45
2999	214060	António Batista	69	[115] ATV	10:47
2209	242178	Luís Borges	71	[103] ADADesnível	10:49
342	8499998	Óscar Remigio García	73	[2220] COV	10:51
496	1415175	Stanislav Vnuk	72	[2780] Alabarda-O	10:53
5297	9000512	Cidálio Oliveira	73	[052] GD4C	10:55
432	7202254	Miguel Girona	74	[2255] Lorca-O	10:57
590	8662020	Francisco Jose Rubio	70	[9722] MARISTAS SEGOVIA -	10:59

Stno	Chipno	Name	B	Club	Start
<b>H45 (46)</b>		4,8 km 95 m 20 C	(cont.)		
302	8643498	Gregorio Gómez	70	[2215] CO Navalcán	11:01
136	980433	Ángel Santos	72	[10360] ROMANS RAIDERS	11:03
1457	1304060	António Amador	68	[007] Ori-Estarreja	11:05
576	8665071	Miguel Ángel Durán	70	[7697] MALARRUTA	11:07
336	1050672	Raúl Valentín	72	[2220] COV	11:09
483	8001031	David Moya	73	[2777] COMCU	11:11
556	8656782	Antonio Domínguez	73	[6482] AROMON	11:13
4059	1304006	Miguel Sá	71	[116] Montepio Geral	11:15
431	7202244	Antonio Gázquez	72	[2255] Lorca-O	11:17
443	8411070	Jorge Urquizu	70	[2260] Cdn Navarra	11:19
3913	8003913	Alberto César	70	[052] GD4C	11:21
217	981914	Antonio Guerrero	68	[2188] ADOL	11:23
4635	2016760	Sérgio Mónica	70	[128] COALA	11:25
289	1403315	Mariano Flores	71	[2214] Toledo-O	11:27
383	8636822	José Félix Guardado	68	[2234] CODAN Extremadura	11:29
546	1402891	Eladio Rodríguez	71	[6482] AROMON	11:31
387	8647695	Javier Liz	72	[2236] Fluvial	11:33
<b>D45 (27)</b>		3,5 km 65 m 16 C			
520	2057614	Carmen Navarro	70	[4027] Orientijote	10:48
539	2111389	Iryna Beketova	70	[5327] Maximus	10:50
294	7209381	María Megia	71	[2214] Toledo-O	10:52
355	7202477	Patricia Marcos	73	[2223] Tjalve	10:54
5783	2063997	Catarina Félix	67	[133] GDU Azoia	10:56
1039	1971615	Margarida Maria	71	[007] Ori-Estarreja	10:58
338	362275	Pilar Barrio	73	[2220] COV	11:00
2022	1009875	Paula Serra Campos	68	[102] .COM	11:02
377	1417840	María Del Encina Granado	70	[2234] CODAN Extremadura	11:04
215	2010905	Carmen Pedrero	71	[2188] ADOL	11:06
3134	1304061	Manuela Nogueira	69	[007] Ori-Estarreja	11:08
374	8670306	Inmaculada Macías	68	[2234] CODAN Extremadura	11:10
198	8002868	Teresa Angeles Pérez	68	[2172] COMA	11:12
575	7211122	Mercedes García	70	[7697] MALARRUTA	11:14
229	8665051	María Teresa Barceló	74	[2189] Totana	11:16
5280	246370	Carmo Silva	67	[007] Ori-Estarreja	11:18
220	553327	Isabel Serrano	63	[2188] ADOL	11:20
2849	1968503	Alexandra Coelho	68	[052] GD4C	11:22
477	8202022	Nuria Calvo	71	[2777] COMCU	11:24
196	8160274	Leticia de Villarreal	74	[2172] COMA	11:26
394	8670898	Sonia Gómez	74	[2236] Fluvial	11:28
5307	2017030	Manuela Marques	72	[102] .COM	11:30
280	1391510	Cristina Galán	69	[2214] Toledo-O	11:32
493	8030972	Rosa Silveira	72	[2780] Alabarda-O	11:34
121	8130469	Rosa M. Sanjaume	69	[10358] CAT-O	11:36
320	2015231	Mayte Cobo	73	[2215] CO Navalcán	11:38
558	7201506	Lourdes Cano	71	[7171] IBERIA	11:40
<b>H50 (48)</b>		4,6 km 90 m 20 C			
207	8181165	Martin Stangegaard	65	[2172] COMA	10:30
5158	2043072	Sérgio Santos	66	[090] ADFA	10:32
3010	409921	Paulo Santos	67	[003] CIMO	10:34
1152	1402488	José Rebola	67	[005] CP Armada	10:36
472	8659378	Oscar Casero	68	[2277] Altair	10:38
551	8450000	José Antonio Ricoy	68	[6482] AROMON	10:40

Stno	Chipno	Name	B	Club	Start
<b>H50 (48)</b>		<b>4,6 km 90 m 20 C</b>	<b>(cont.)</b>		
391	409017	Jesús Sanmartín	63	[2236] Fluvial	10:42
1810	544041	Octávio Andrade	68	[102] .COM	10:44
2533	1443344	Arménio Mendes	65	[094] CPOC	10:46
417	2043560	Luis Fernando Saz	63	[2247] Sotobosque	10:48
308	8643478	Cesar Pascual	66	[2215] CO Navalcán	10:50
102	208467	Jose Henriques	65	[094] CPOC	10:52
2593	1304093	Vítor Delgado	67	[052] GD4C	10:54
381	8670307	José Gago	64	[2234] CODAN Extremadura	10:56
202	8647680	Paul Pereira	69	[2172] COMA	10:58
533	8627775	Pablo Adrián Aller	69	[4033] Trevinca	11:00
1344	259810	António Pina	66	[157] AFAP	11:02
1093	1401760	Jorge Baltazar	66	[133] GDU Azoia	11:04
1101	7207923	Rui Ferreira	67	[119] OriMarão	11:06
283	7207011	José Antonio Carrillo	67	[2214] Toledo-O	11:08
6490	308415	Luis Pinto	67	[094] CPOC	11:10
508	2023661	José Enrique Barcia	68	[3206] OrientaGetafe	11:12
208	8646244	Carlos Sanz	66	[2172] COMA	11:14
6481	8101003	Rui Silva	68	[102] .COM	11:16
250	8658618	Fernando Millán	65	[2201] Ibón	11:18
351	1390707	Nicolás Julio Bores	65	[2222] Orca	11:20
6184	1007259	António Azinheiro	66	[166] ADM Ori-Mondego	11:22
574	8220467	José Manuel Prieto	67	[7697] MALARRUTA	11:24
301	2015241	Carlos Sánchez	66	[2215] CO Navalcán	11:26
2667	1101267	João Martins	67	[022] CLAC	11:28
1202	407048	Paulo Mosca	69	[005] CP Armada	11:30
478	8001032	Jose Miguel Mesas	65	[2777] COMCU	11:32
405	8627770	Ramon Garcia	67	[2244] El Imperdible	11:34
255	8664285	César Fandos	68	[2201] Ibón	11:36
369	8670299	Ángel Carrón	67	[2234] CODAN Extremadura	11:38
4045	2108632	Fernando Mendes	67	[133] GDU Azoia	11:40
1407	2043036	Luís Quinta-Nova	66	[090] ADFA	11:42
354	1415162	Teófilo Gil	66	[2223] Tjalve	11:44
224	8654922	Juan José Durán	64	[2188] ADOL	11:46
146	9101007	Yulian Borislavov	67	[11593] Ultra Maximus	11:48
505	8650861	Juan Pozo	65	[3206] OrientaGetafe	11:50
187	8647694	Juan Antonio López	67	[2172] COMA	11:52
461	409114	Carlos Gutiérrez	68	[2273] Villena-O	11:54
256	2037167	Roberto Saz	69	[2201] Ibón	11:56
414	8280188	Miguel Álvarez	67	[2246] Rumbo-Madrid Sanse	11:58
489	439120	Luis Mahou	62	[2779] COTA	12:00
1298	9939399	Carlos Garcia	64	[157] AFAP	12:02
415	2010732	Rafael Arranz	67	[2246] Rumbo-Madrid Sanse	12:04
<b>D50 (21)</b>		<b>3,5 km 65 m 16 C</b>			
501	8666118	Ana María Prada	68	[3206] OrientaGetafe	10:00
555	2043525	Luisa Sánchez	65	[6482] AROMON	10:02
242	2020053	Coral Francés	67	[2201] Ibón	10:04
455	1112966	Amparo Ferrer	66	[2268] Correcaminos	10:06
182	409079	Consuelo Lopera	64	[2156] Navaleno	10:08
470	2045047	Gloria Pico	69	[2277] Altair	10:10
573	8130369	Cristina Del Campo	69	[7697] MALARRUTA	10:12
6479	242400	Fátima Emauz	68	[094] CPOC	10:14
235	2043556	Chus Vidal	65	[2198] Fundi-O	10:16
288	7204815	Sagrario Martin-tesorero	69	[2214] Toledo-O	10:18

Stno	Chipno	Name	B	Club	Start
<b>D50 (21)</b>		<b>3,5 km 65 m 16 C</b>		<b>(cont.)</b>	
3467	1304188	Helena Sousa	67	[119] OriMarão	10:20
233	1391425	Rosa Bella Rubia	61	[2196] Los Califas	10:22
406	2010753	Silvia Saoner	68	[2244] El Imperdible	10:24
119	2087576	Rami Muñoz	69	[10357] BMT CASAS DE VES	10:26
4730	2003094	Assunção Almeida	59	[151] GafanhOri	10:28
1524	1222222	Helena Lopes	58	[1000] Individual POR Fed	10:30
191	8250768	Ana María Martín	68	[2172] COMA	10:32
468	8670262	Carmen Elvira Torres	68	[2277] Altair	10:34
2497	1991199	Aida Correia	63	[052] GD4C	10:36
313	2043600	Silvia Sánchez	69	[2215] CO Navalcán	10:38
348	2045014	Elena Escudero	69	[2222] Orca	10:40
<b>H55 (43)</b>		<b>3,5 km 75 m 15 C</b>			
3889	8048082	Rui Almeida	64	[157] AFAP	10:00
4098	242149	Júlio Oliveira	63	[005] CP Armada	10:02
2863	214078	António Patrício	64	[1000] Individual POR Fed	10:04
334	407463	José Luis Gómez	60	[2220] COV	10:06
5354	1401756	Noel Cabeça	64	[133] GDU Azoia	10:08
232	1391426	Antonio Rodríguez	60	[2196] Los Califas	10:10
464	8650857	Vladimir Shangin	62	[2275] Universidad Alicante	10:12
361	8060060	Juan Manuel Lasso	63	[2224] CDP-O	10:14
1907	259704	Carlos Coelho	61	[094] CPOC	10:16
390	8670994	Francisco Varela	64	[2236] Fluvial	10:18
500	2111370	Andrés Sánchez	60	[3206] OrientaGetafe	10:20
582	8651389	José Luis Báscones	60	[7866] C.D.C.E.B.E.	10:22
183	403790	Mario Vidal	61	[2156] Navaleno	10:24
271	256191	Oscar Rodríguez	61	[2213] Manzanares-O	10:26
6291	242366	Manuel Nunes	62	[114] COA	10:28
1682	1961682	Santos Sousa	64	[090] ADFA	10:30
6509	8006509	Jadir Pereira	64	[166] ADM Ori-Mondego	10:32
1095	2008961	Fernando Costa	61	[052] GD4C	10:34
349	1603356	José Luis Velez	63	[2222] Orca	10:36
1256	1850469	Mário Duarte	62	[090] ADFA	10:38
261	8670967	Francisco Javier Montero	63	[2212] Club Godih	10:40
253	8664266	Pedro Villar	61	[2201] Ibón	10:42
428	8661775	Juan Ferra	59	[2255] Lorca-O	10:44
2454	8004749	Jorge Silva	60	[085] A Montanha	10:46
221	7201312	José Ángel Ramos	64	[2188] ADOL	10:48
1084	1428629	Manuel Luís	63	[005] CP Armada	10:50
241	8664281	Alberto Santabárbara	64	[2201] Ibón	10:52
5294	1680086	Amândio Gonçalves	63	[022] CLAC	10:54
4783	308468	Carlos Fortunato	62	[007] Ori-Estarreja	10:56
3098	1403184	António Graça	63	[005] CP Armada	10:58
3007	1304109	José Mário Baptista	62	[052] GD4C	11:00
437	8307015	Pedro Mayol	57	[2256] Murcia-O	11:02
335	8403783	José Luis Sánchez	61	[2220] COV	11:04
364	8303033	Francisco Javier Prada	60	[2224] CDP-O	11:06
185	8434445	James Ross	63	[2172] COMA	11:08
2905	1396355	Manuel Delgado	61	[052] GD4C	11:10
3850	1428925	Paulo Ferreira	61	[005] CP Armada	11:12
474	1420769	Andrés Morán	61	[2775] Rioja-O	11:14
499	7204831	Manuel López	64	[3168] O-San Roque	11:16
227	2063147	Manuel Gregorio García	62	[2188] ADOL	11:18
1405	2043044	João Barrulas	61	[090] ADFA	11:20

Stno	Chipno	Name	B	Club	Start
<b>H55 (43)</b>		3,5 km 75 m 15 C	(cont.)		
577	8114116	Dirk Hartmann	62	[7697] MALARRUTA	11:22
591	2129115	Alberto Murcia	63	[9722] MARISTAS SEGOVIA -	11:24
<b>D55 (9)</b>		3,0 km 65 m 14 C			
486	341410	Mª Covadonga Carrascosa	58	[2777] COMCU	10:37
476	1500889	Lourdes Callado	63	[2775] Rioja-O	10:43
434	8665038	Amor Murcia	61	[2255] Lorca-O	10:49
513	2011925	Rosa María Pernas	59	[3434] USC	10:55
264	2006930	Alfonsa Corrochano	62	[2213] Manzanares-O	11:01
5293	1987789	Amália Gonçalves	63	[022] CLAC	11:07
5695	1401624	Luísa Gaboleiro	63	[133] GDU Azoia	11:13
252	8664277	Azucena Carruesco	64	[2201] Ibón	11:19
498	1603455	Ángeles Ruiz	61	[3168] O-San Roque	11:25
<b>H60 (22)</b>		3,5 km 75 m 15 C			
1851	1090256	Escada da Costa	56	[128] COALA	11:27
541	9200269	Claude Fosse	56	[5331] SiMePierdo	11:29
2364	7210959	António Amador	58	[073] CMO Funchal	11:31
392	8030659	Pedro Parga	59	[2236] Fluvial	11:33
248	8664273	Jose Antonio Ferrando	56	[2201] Ibón	11:35
3997	1401650	Jorge Artur	55	[090] ADFA	11:37
3888	407050	Vitor Almeida	59	[005] CP Armada	11:39
511	2009955	Eduardo V. Ramos	55	[3434] USC	11:41
325	899019	José María Galván	55	[2220] COV	11:43
211	8670419	Santiago Guiller Pérez	59	[2172] COMA	11:45
1567	559977	Crispim Júnior	55	[090] ADFA	11:47
583	8651394	Alberto García	57	[7866] C.D.C.E.B.E.	11:49
584	7000489	Juan Carlos Miranda	56	[8539] APU-O	11:51
3430	2086027	Dias Coelho	55	[033] Clube TAP	11:53
463	8651392	Santiago Del Moral	56	[2275] Universidad Alicante	11:55
581	9200108	José Luis Cobas	58	[7866] C.D.C.E.B.E.	11:57
194	1397530	Félix Alfonso Gil	56	[2172] COMA	11:59
3128	1304153	Manuel Martins	56	[005] CP Armada	12:01
164	409223	Juan Fco. García Salazar	57	[1851] Individual ESP	12:03
1577	1191082	Luís Sousa	54	[090] ADFA	12:05
195	2056277	Ladislav Mizera	53	[2172] COMA	12:07
1190	7200995	Carlos Ferreira	56	[168] CAB	12:09
<b>D60 (5)</b>		3,0 km 65 m 14 C			
359	8020657	Ana Julia Alonso	57	[2224] CDP-O	11:37
396	2023567	Fermina Fernandez	54	[2236] Fluvial	11:43
249	1428536	Julia Quilez	57	[2201] Ibón	11:49
1393	308216	Paula Joaquim	57	[022] CLAC	11:55
1640	259755	Fernanda Ferreira	55	[168] CAB	12:01
<b>H65 (11)</b>		2,9 km 70 m 14 C			
1677	1954428	António Reyes	54	[128] COALA	10:00
1557	259713	Acácio Porta Nova	53	[094] CPOC	10:06
1410	2043070	Jacinto Eleutério	54	[090] ADFA	10:12
3088	2018590	José Raposo	51	[128] COALA	10:18
1251	9200261	Álvaro Coelho	53	[166] ADM Ori-Mondego	10:24
1449	8035553	Manuel Dias	52	[151] GafanhOri	10:30
140	9510520	Jan Lindelöf	51	[11574] Seskarö IF	10:36



Stno	Chipno	Name	B	Club	Start
<b>H65 (11)</b>		2,9 km 70 m 14 C	(cont.)		
1905	1010145	Vítor Rodrigues	54	[094] CPOC	10:42
1831	944444	Jorge Santos	50	[128] COALA	10:48
456	2800607	Ricardo Iñiguez	51	[2268] Correcaminos	10:54
240	2006928	Juan David Pérez-caballero	50	[2200] Surco	11:00
<b>D65 (4)</b>		2,8 km 65 m 12 C			
460	8665068	Carmen Perona	51	[2272] Valencia-O	10:20
1556	259715	Ana Carreira	51	[094] CPOC	10:26
540	8662016	Amalia Galdón	54	[5331] SiMePierdo	10:32
5123	8088099	Cathy Dawson	53	[151] GafanhOri	10:38
<b>H70 (3)</b>		2,9 km 70 m 14 C			
1079	308251	Joaquim Patrício	48	[035] CN Alvito	11:06
5124	9102785	Roy Dawson	48	[151] GafanhOri	11:12
563	2800861	Francisco Martínez	46	[7172] O-CHARLIES ORIENTA	11:18
<b>H75 (2)</b>		2,8 km 65 m 12 C			
1149	1942119	Armandino Cramez	42	[007] Ori-Estarreja	10:02
1576	259816	Francisco Coelho	44	[033] Clube TAP	10:08
<b>H80 (1)</b>		2,2 km 45 m 12 C			
2121	259818	José Grada	39	[007] Ori-Estarreja	10:01